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The importance of the study of brain calcifications in patients with tuberous sclerosis complex

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It was with great interest that we read the recent publication of Meng-Na Zhang et al. in this periodical, reporting the pharmacoresistant epilepsy in patients (aged 3 months to 10

years old) with tuberous sclerosis complex (TSC) presenting calcification in the cerebral

parenchyma (1). The authors concluded that calcification in the epileptic foci is one of the main

reasons for this pharmacoresistance to anti-epilepsy drugs and rapamycin, an inhibitor of the

mTOR signaling pathway (often overactivated in TSC).

TSC is an autosomal dominant disorder, caused by loss of function of the TSC1 or TSC2 gene. TSC affects various organs of the body, including mainly brain, heart, kidney, skin and lung.

Recently, we have reported that calcitriol, the active form of Vitamin D, was able to restore and

even increase expression of genes related to TSC, otherwise decreased in an in vitro calcification

model (2). In addition to the gene expression results, calcitriol also decreased calcification in the

cellular model studied. In another in vitro study, using rat mesangial cells, vitamin D3 was able

to inhibit the mTOR pathway (3).

As discussed in the article, in general, about 90% of patients with TSC have epilepsy, of

which, the majority is pharmacoresistant. Of the 108 patients with TSC and epilepsy, analyzed

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