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Wakefulness rather than sleep benefits extinction of an inhibitory operant conditioning memory in Aplysia

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**WAKEFULNESS RATHER THAN SLEEP BENEFITS EXTINCTION OF AN
INHIBITORY OPERANT CONDITIONING MEMORY IN *APLYSIA***

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Highlights:

- We tested extinction of operant conditioning (“learning that food is inedible”, LFI) in *Aplysia*.
- Extinction memory was stronger after a 17-hour wake than sleep retention interval.
- Wakefulness might act by accelerating forgetting of the original LFI memory.

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