

Accepted Manuscript

Effect of combined endurance and resistance training on exercise capacity and serum anabolic steroid concentration in patients with chronic heart failure

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PII: S1109-9666(17)30373-1

DOI: [10.1016/j.hjc.2017.09.007](https://doi.org/10.1016/j.hjc.2017.09.007)

Reference: HJC 211

To appear in: *Hellenic Journal of Cardiology*

Received Date: 11 July 2017

Revised Date: 7 September 2017

Accepted Date: 19 September 2017

Please cite this article as: Agapitou V, Tzani G, Dimopoulos S, Karatzanos E, Karga H, Nan S, Effect of combined endurance and resistance training on exercise capacity and serum anabolic steroid concentration in patients with chronic heart failure, *Hellenic Journal of Cardiology* (2017), doi: 10.1016/j.hjc.2017.09.007.

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Short Title: Exercise capacity & hormonal response to exercise training in CHF

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Conflicts of Interest and Source of Funding: None declared.

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