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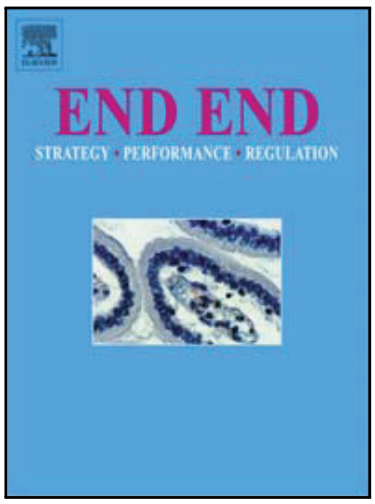

Effect of resveratrol supplementation on lipid profile in subjects with dyslipidemia: A randomized double-blind placebo-controlled trial

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Highlights

- Resveratrol is a polyphenolic compound that exerts a potential cardioprotective effect.
- Resveratrol supplementation significantly reduced total cholesterol and triglyceride concentrations comparing the treatment and placebo groups at the end of the trial.
- Resveratrol supplementation had no significant effect on HDL-C and LDL-C levels comparing the treatment and placebo groups at the end of the trial.
- In the intra-group analysis, resveratrol supplementation significantly decreased the total cholesterol levels at the end of the trial.