

Accepted Manuscript

Effect of resveratrol supplementation on lipid profile in subjects with dyslipidemia: A randomized double-blind placebo-controlled trial

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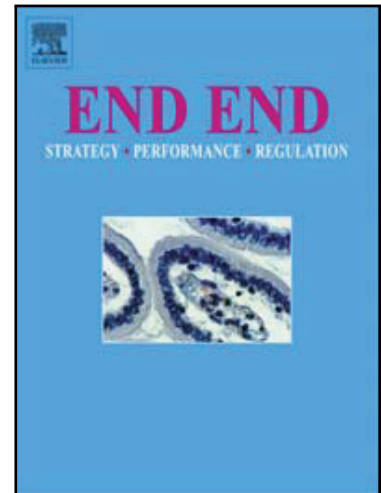
PII: S0899-9007(18)30614-2
DOI: [10.1016/j.nut.2018.06.015](https://doi.org/10.1016/j.nut.2018.06.015)
Reference: NUT 10261

To appear in: *The End-to-end Journal*

Received date: 5 March 2018
Revised date: 6 June 2018
Accepted date: 9 June 2018

Please cite this article as: Luis E. Simental-Mendía , Fernando Guerrero-Romero , Effect of resveratrol supplementation on lipid profile in subjects with dyslipidemia: A randomized double-blind placebo-controlled trial, *The End-to-end Journal* (2018), doi: [10.1016/j.nut.2018.06.015](https://doi.org/10.1016/j.nut.2018.06.015)

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Highlights

- Resveratrol is a polyphenolic compound that exerts a potential cardioprotective effect.
- Resveratrol supplementation significantly reduced total cholesterol and triglyceride concentrations comparing the treatment and placebo groups at the end of the trial.
- Resveratrol supplementation had no significant effect on HDL-C and LDL-C levels comparing the treatment and placebo groups at the end of the trial.
- In the intra-group analysis, resveratrol supplementation significantly decreased the total cholesterol levels at the end of the trial.

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