

## Accepted Manuscript

Effect of alpha-linolenic acid in combination with the flavonol quercetin on markers of cardiovascular disease risk in healthy, non-obese adults: a randomized double-blinded placebo-controlled crossover trial

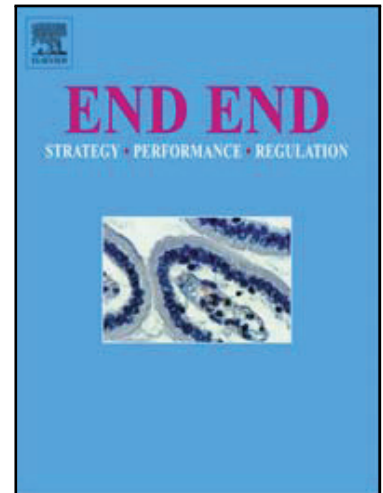
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## Highlights

- ALA on a daily basis improved lipid profiles in healthy, non-obese men and women
- No evidence of a synergistic effect of ALA plus quercetin on CVD risk markers
- Regular intake of supra-nutritional doses of quercetin increased plasma quercetin

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