## Accepted Manuscript

Safety and feasibility of high speed resistance training with and without balance exercises for knee osteoarthritis: a pilot randomised controlled trial

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PII:	S1466-853X(18)30179-2
DOI:	10.1016/j.ptsp.2018.10.001
Reference:	YPTSP 954
To appear in:	Physical Therapy in Sport
Received Date:	27 April 2018
Accepted Date:	02 October 2018

Please cite this article as: Levinger Pazit, Dunn Jeremy, Bifera Nancy, Butson Michael, Elias George, Hill Keith D, Safety and feasibility of high speed resistance training with and without balance exercises for knee osteoarthritis: a pilot randomised controlled trial, *Physical Therapy in Sport* (2018), doi: 10.1016/j.ptsp.2018.10.001

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## ACCEPTED MANUSCRIPT

Safety and feasibility of high speed resistance training with and without balance exercises for knee osteoarthritis: a pilot randomised controlled trial

Running title: High speed resistance training for knee OA

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Research support: This study was funded by Arthritis Australia

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