



## Original Article

## ANF Scholars (1955–2012): Stepping Stones to a Nursing Research Career

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## ABSTRACT

The American Nurses Foundation (ANF) grant program has been successful in funding nurse researchers' initial research studies for nearly 60 years. (ANF, 2013). From 1955–2012, over 1,000 ANF scholars have been identified through this historical nursing research study. Over the years, obtaining an ANF grant has become increasingly competitive for scholars. The environment supportive of research is evident from the schools that are the top recipients of grants. The ANF has a proud legacy of scholars who have and continue to make contributions to the advancement of nursing science. The paths forged by the ANF scholars illustrate the significant role that small grant programs play in the evolution of nursing research and the expansion of nursing science.

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The American Nurses Foundation (ANF) grant program has been successful in funding nurse researchers' beginning research work, and ANF maintains close working relationships with the National Institute of Nursing Research (NINR) in efforts to nurture young investigators (American Nurses Foundation, 2013). Our historical research efforts in tracking the ANF scholars began with the desire to celebrate ANF's 50th anniversary in 2005 (Holzemer et al., 2005). Holtzclaw (2006) categorized ANF scholar's research as "Early Scholars" (1955–1970), "Models of Excellence" (1970s), "New Avenues" (1980s), and "Crowning the Century" (1990–2004). Holtzclaw (2006) observed an increase in the well-established programs of research that emerged in the 1980s from the ANF awardees due to the establishment of the National Center for Nursing Research (NCNR). In the 1990s, ANF grant applications increased in number due to the moving of NCNR to a full NIH institute in 1993, National Institute of Nursing Research (NINR) with ANF scholars moving quickly from ANF funding to federal funding. These ANF scholars included Dr. Rita Pickler, Dr. Jean McSweeney, Dr. Victoria Mock and Dr. Christine Miaskowski.

We now have identified over 1,000 scholars who received ANF funding, between 1955 and 2012. The ANF Scholars 2005–2012 could be characterized as the "Frontiers of Science" with research focused on genetics, technology, and complex biopsychosocial processes. ANF

scholars have impacted healthcare policy (Messmer & Zalon, 2010). For this study, ANF grants were categorized according to name, topic of grant, year and affiliation at time of receiving the grant.<sup>4</sup> The Tables (1–4) are arranged in tiers (tier I–IV) to identify those universities/colleges/agencies that have been successful in attaining an ANF grant thru the nearly 60 years that the program has been in existence. Table 1 identifies tier I, the top 10 universities having scholars to receive an ANF grant. Table 2 identifies tier II, the next 21 universities/colleges/agencies having scholars to receive the ANF grants. Table 3 identifies tier III the universities who had scholars to receive 3–8 ANF grants. Table 4 identifies tier IV those universities who had scholars to receive 1 or 2 ANF grants.

Over the years, obtaining an ANF grant has become increasingly competitive for scholars. The environment supportive of research is evident from the schools that are the top recipients of grants. For achieving this prestigious award, the top 10 schools to receive ANF grants (grants to doctoral students and faculty are included in the listing) include the University of Pennsylvania with the most grants (45), the University of California at San Francisco (40), Case Western Reserve University (38), University of Illinois at Chicago (28), University of Washington (24), University of Rochester (23), University of Pittsburgh (22), University of North Carolina at Chapel Hill (22), the University of Texas at Austin (18) and the University of Michigan (18). It is interesting to note that this

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<sup>4</sup> Every effort has been made to ensure this list is complete. If you believe that has been an error or omission, please contact the authors.

**Table 1**

Tier 1 top 10 scholarly universities/colleges/agencies for grantsmanship according to ANF.

Year	Last	First	Grant title	University/Agency at time
2012	Stimpfel	Amy Witkoski	The Association between Magnet Hospitals and Patient Satisfaction	University of Pennsylvania
2012	Matura	Lea Ann	Proinflammatory Cytokines and Symptoms in Pulmonary Arterial Hypertension	University of Pennsylvania
2011	Jarrin	Olga F	Evidence for a Pathway to Excellence in Home Health Care	University of Pennsylvania
2010	Xiao	Canhua	Identifying Symptom Clusters in Patient With Head and Neck Cancer Post Radiation Therapy	University of Pennsylvania
2010	Shang	Jingling	Supplemental Nurse Staffing in Hospitals and Patient Outcomes	University of Pennsylvania
2010	Rogers	Valerie	Comparative Measurements of Periodic Limb Movements in Sleep Between Polysomnography and Actigraphy in Children With Sickle Cell Disease	University of Pennsylvania
2010	Kelly	Lesly	Are Patient Outcomes Better in Magnet Hospitals	University of Pennsylvania
2010	Harner	Holly	Focus Groups on the Physical and Mental Health Conditions in Incarcerated Women	University of Pennsylvania
2010	Everett	Janine S	Skin Elasticity: Explaining Health Disparity and Difference in Skin Injury Following Sexual Assault	University of Pennsylvania
2009	Ho	Nancy	Diabetes and Neurobehavioral Complications: The Role of Hippocampal Neurogenesis	University of Pennsylvania
2008	Wall	Barbara	When Disaster Strikes: Nurses on the Front Lines 1900–2001	University of Pennsylvania
2007	Ye	Lichaun	Gender Difference in Baseline Functional Status and Response to Continuous Positive Airway Pressure in Milder Obstructive Sleep Apnea	University of Pennsylvania
2006	Buck	Joy	Setting the Standard for Specialization in Hospice and Palliative Nursing 1985–2006	University of Pennsylvania
2005	Kong	Eun-Hi	The Lived Experiences of Korean Immigrant Caregivers after Nursing Home Placement of Their Elderly non-English Language Speaking Relatives (NELS) With Dementia	University of Pennsylvania
2004	Cho	Eunhee	The Effects of Informal Caregivers on the Outcomes of Older Adults Receiving Home Health Care	University of Pennsylvania
2003	Whelan	Jean	Bargaining Positions: The American Nurses Association's Initial Steps Toward Negotiating Working Conditions for Nurses, 1930–1942	University of Pennsylvania
2003	Verger	Judy	Energy Expenditure, Energy Intake, Growth and Body Composition in Infants With Congenital Heart Disease following Cardiac Surgery	University of Pennsylvania
2002	Frederick	Angela	Violence in the Dating Experiences of College Women	University of Pennsylvania
2001	Flynn	Linda	Magnet Home Care: Perceptions of Staff Nurses (Phase II)	University of Pennsylvania
2000	Harner	Holly	Prenatal and Obstetric Outcomes of Teenagers With Adult and Peer Age Partners	University of Pennsylvania
1999	Krisman-Scott	Mary	The Room at the End of the Hall: Care of the Dying 1945–1975	University of Pennsylvania
1998	Havens	Donna	Comparison of Organizational Attributes of Magnet Hospitals	University of Pennsylvania
1998	Garson	Carolyn	Impact of a Relaxation Technique on Colorectal Patients and Spouses	University of Pennsylvania
1997	Whelan	Jean	Employing Nurses: Private Duty to Staff, 1923–1963	University of Pennsylvania
1997	Lake	Eileen	A Survey Instrument to Measure Clinical Nursing Expertise	University of Pennsylvania
1997	Capezuti	Elizabeth	Individualized Interventions to Reduce Siderail Use	University of Pennsylvania
1995	Rosenthal	Cathy	Toddler's Responses to Parental Presence in the PICU	University of Pennsylvania
1994	Boscham	Geertje	The History of Mental Health Nursing in the Netherlands, 1890–1921	University of Pennsylvania
1990	McCain	Gail	Modulation of Preterm Infant Behavior	University of Pennsylvania
1990	Lipman	Terri	Epidemiology and Type I Diabetes in Children 0–14 years in Philadelphia	University of Pennsylvania
1990	Fairman	Julie	New Nurses, New Spaces: A History of Intensive Care Units, 1955–1964	University of Pennsylvania
1989	Dickmann	Jana	Caring for the Chronically Ill	University of Pennsylvania
1989	Dickey	Susan	Formal Operations, Puberty and Informed Decisions	University of Pennsylvania
1989	Bliss	Donna	Dietary Fiber and Nitrogen Excretion in Renal Failure	University of Pennsylvania
1988	Scalzi	Cynthia	Imperial Verification of a Nursing Administration Model	University of Pennsylvania
1987	Ryan	Maura	The Relationship between Loneliness, Social Support, and Decline in Cognitive Function in Elderly Hospitalized Women	University of Pennsylvania
1987	D'Antonio	Patricia	Ideals and Reality: A Historical Study of Nursing Care	University of Pennsylvania
1986	Massey	Jean	Development of a Psychosomatic Self-Regulation Strategy Inventory	University of Pennsylvania
1984	Vessey	Judith	Children's Knowledge of Their Internal Body Parts	University of Pennsylvania
1984	Collins	Rosemary	Attributional Style and Depression in the Elderly	University of Pennsylvania
1983–1985	Fagin	Claire	ANF Distinguished Scholar Program: Model for Effective Collaboration Between Organized Consumers and Nursing	University of Pennsylvania
1983	Schraeder	Barbara	Developmental Status and Behavioral Style in Very Low Birth Weight Infants	University of Pennsylvania
	Medoff-Cooper	Barbara		
1981	Hobdell	Elizabeth	Nursing Activities Affecting Intracranial Pressure	University of Pennsylvania
1981	Brooten	Dorothy	High Caffeine Intake and Pregnancy Outcomes	University of Pennsylvania
1980	Wilkerson	Karen	Nursing and the Public's Health: 1900–1930	University of Pennsylvania
2010	Chin	Dal Lae	Individual Interpersonal and Organization Factors of Cigarette Smoking in Building Trades Workers	University of California at San Francisco

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