



# IL-13 improves beta-cell survival and protects against IL-1 $\beta$ -induced beta-cell death

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## ABSTRACT

**Objectives:** IL-13 is a cytokine classically produced by anti-inflammatory T-helper-2 lymphocytes; it is decreased in the circulation of type 2 diabetic patients and impacts positively on liver and skeletal muscle. Although IL-13 can exert positive effects on beta-cell lines, its impact and mode of action on primary beta-cell function and survival remain largely unexplored.

**Methods:** Beta-cells were cultured for 48 h in the presence of IL-13 alone or in combination with IL-1 $\beta$  or cytokine cocktail (IL-1 $\beta$ , IFN $\gamma$ , TNF $\alpha$ ).

**Results:** IL-13 protected human and rat beta-cells against cytokine induced death. However, IL-13 was unable to protect from IL-1 $\beta$  impaired glucose stimulated insulin secretion and did not influence NF $\kappa$ B nuclear relocalization induced by IL-1 $\beta$ . IL-13 induced phosphorylation of Akt, increased IRS2 protein expression and counteracted the IL-1 $\beta$  induced regulation of several beta-cell stress response genes.

**Conclusions:** The prosurvival effects of IL-13 thus appear to be mediated through IRS2/Akt signaling with NF $\kappa$ B independent regulation of gene expression. In addition to previously documented beneficial effects on insulin target tissues, these data suggest that IL-13 may be useful for treatment of type 2 diabetes by preserving beta-cell mass or slowing its rate of decline.

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**Keywords** Beta-cells; Apoptosis; Cytokines; Gene expression; Akt

## 1. INTRODUCTION

A decrease in functional beta-cell mass is a key feature of type 2 diabetes [1,2]. Increasing evidence indicates that alterations in the balance between anti- and pro-inflammatory cytokines may play a role in the pathogenesis not only of type 1 but also type 2 diabetes in humans and may possibly underlie decreased beta-cell function/mass in the latter condition. Type 2 diabetes is thus associated with chronic low-grade inflammation and immune cell infiltration in islets, though this occurs at a lesser degree than in islets from type 1 diabetic patients [3]. Additionally, it is known that islet endocrine cells are able to produce certain cytokines, both pro- and anti-inflammatory [4,5]. The detrimental effects of pro-inflammatory pathways triggered by T-helper-1 (Th1) cytokines (e.g. IL-1 $\beta$ , TNF $\alpha$ , IFN $\gamma$ ) in islets have been widely studied and are implicated in beta-cell failure [6]. By contrast, the effects of Th2 cytokines (e.g. IL-4 and IL-13) on islets and more specifically on beta-cells have been investigated only in few studies [7] and mainly on transformed rodent beta-cell lines.

IL-13 is secreted by activated Th2 cells and classified as an anti-inflammatory cytokine due to its ability to suppress the secretion of several macrophage and monocyte-derived inflammatory cytokines. IL-13 mediates its effects by interacting with a complex receptor system comprised of IL-4R $\alpha$  and IL-13R $\alpha$ 1 with downstream activation of the Janus kinase/signal transducer and activator of transcription

(JAK/STAT) signaling cascade and the PI3kinase pathway through recruitment of insulin receptor substrate members [8,9].

IL-13 plays a key role in the regulation of hepatic glucose production in mice [10]. Moreover, IL-13 plasma levels are reduced in type 2 diabetic patients compared to healthy individuals and IL-13 exerts an autocrine effect on glucose metabolism in skeletal muscle [11]. Most recently, it has been found that IL-13 is induced in adipose tissue of obese humans and high-fat fed mice, and that the source of such IL-13 is primarily adipocytes [6].

IL-13 is able to impact positively on transformed rodent beta-cell lines and on intact rat islets [12–14]. Indeed, IL-13 increases Rinn5F cell viability and improves that of INS1E cells following serum starvation or when challenged with palmitate. IL-13 has also been found to counteract the suppression of rat islet glucose oxidation induced by IL-1 $\beta$  [14].

Against this background, we wanted to explore the impact of IL-13 on primary human or rat beta-cell function and survival and the mechanism underlying these putative effects. Our study shows for the first time that IL-13 protects primary beta-cells against IL-1 $\beta$  and mixed cytokine induced cell death without affecting proliferation or insulin secretion. These effects are mediated through the IRS2/Akt signaling cascade, and IL-13 further regulates the expression of a small number of specific genes involved in the beta-cell response to stress, albeit independently of NF $\kappa$ B.

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## 2. MATERIALS AND METHODS

### 2.1. Human islets, sorted beta-cells

Human islets were kindly provided by the Cell Isolation and Transplant Centre of the University of Geneva (JDRF award 31-2008-413, ECIT Islet for Basic Research Program). Human islets were dispersed by Acutase (PAA Laboratories, Austria) and beta-cells were sorted by FACS after labeling with Newport Green using a FACSVantage (Becton Dickinson, Franklin Lakes, NJ, USA) as previously described [15].

For functional analysis and immunostaining, human islets, non sorted single cells or sorted beta-cells were cultured in CMRL-1066 medium containing 5 mM glucose, 100 units/ml penicillin, 100 µg/ml streptomycin, 2 mM glutamax, 250 µg/ml gentamycin, 10 mM Hepes and 10% fetal calf serum (FCS) (Invitrogen, Switzerland) on plastic dishes coated with extracellular matrix secreted by 804G rat bladder cancer cells (804G ECM), as described elsewhere [15] and were left in islet medium for 24 h to adhere and spread before initiation of the experiments.

### 2.2. Rat islets, sorted beta-cells

Islets were isolated by collagenase digestion of pancreas from adult male Wistar rats. Beta-cells were separated from non beta-cells by autofluorescence using a FACSVantage as described previously [15]. Islet dispersed cells, sorted beta-cells and sorted non beta-cells were cultured in DMEM medium containing 11 mM glucose, 0.05 mg/ml gentamicin, 100 U/ml penicillin, 100 mg/ml streptomycin, and 10% FCS (Invitrogen, Switzerland). Cells were cultured on 804G ECM-coated plates as described elsewhere [15] and were left for 24 h to adhere and spread before initiation of the experiments.

### 2.3. Western blotting

Beta-cell protein lysate was separated by SDS-PAGE, transferred to Immobilon-P membranes (Merck Millipore, Germany) and probed with anti-NFκB and anti-phospho-NFκB (p65) (Santa Cruz Biotechnology, USA), anti-IRS2, Akt1, Akt2, anti-phospho Akt (Serine 473) (Cell Signaling Technology, USA) and anti-actin (Merck Millipore, Germany).

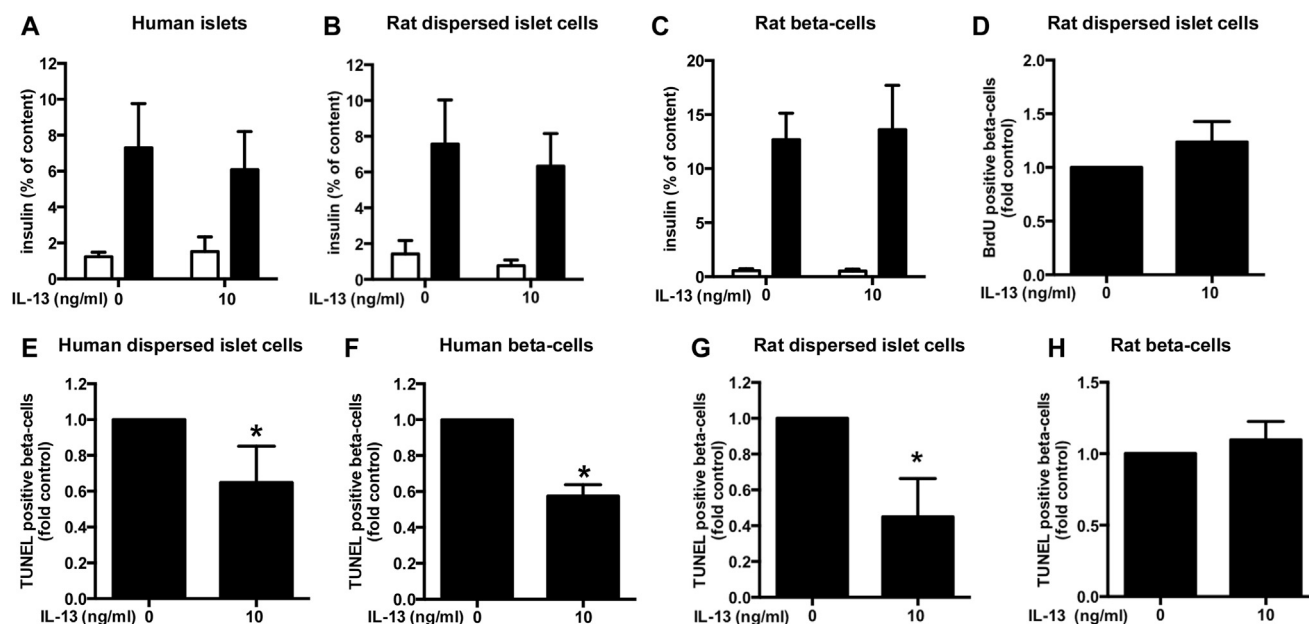
### 2.4. RNA extraction, library preparation, sequencing, mapping and expression quantification

Total RNA was prepared according to the manufacturer's instructions (ReliaPrep RNA Cell Miniprep System, Promega, USA). PolyA<sup>+</sup> RNA library construction and sequencing were performed as described elsewhere [16]. The 49 bp paired-ends reads were mapped with gemtools v1.7.1 [17,18] onto the Rnor\_5.0 genome and onto the Rnor\_5.0.73 gene annotation. A maximum of 5 mismatches was allowed for the alignment and reads having a mapping quality score below 150 were filtered out.

The differential expression analysis was performed with the DESeq2 software [19] by taking into account the batch and the GC content of each sample.

### 2.5. Insulin secretion

For acute insulin release in response to glucose, islets and beta-cells were preincubated for 2 h (2.8 mM glucose) and incubated in Krebs–Ringer bicarbonate Hepes buffer, 0.5% BSA (KRB) containing 2.8 mM glucose for 1 h followed by 1 h incubation in KRB containing 16.7 mM glucose. Total insulin was extracted with 0.18 M HCl in 70% ethanol for determination of insulin content. Insulin was measured by radioimmunoassay.



**Figure 1: IL-13 decreases human and rat beta-cell death.** Human islets, human or rat dispersed islets or sorted human or rat beta-cells were cultured for 48 h with IL-13 (10 ng/ml). A–C: Insulin secretion. A: Human islet insulin secretion: 2.8 mM glucose (open bars), 16.7 mM glucose (closed bars); n = 5. Rat dispersed islet cells (B; n = 5) or sorted beta-cells (C; n = 7) insulin secretion: 2.8 mM glucose (open bars), 16.7 mM glucose (closed bars). D: Rat beta-cell proliferation. BrdU-positive beta-cells in dispersed rat islet cells (normalized to control =  $9.98 \pm 1.93\%$  BrdU-positive beta-cells); n = 5. E–H Beta-cell death. E: TUNEL-positive beta-cells among dispersed human islet cells (normalized to control =  $0.47 \pm 0.1\%$  TUNEL-positive beta-cells); n = 5. F: TUNEL-positive sorted human beta-cells (normalized to control =  $1.06 \pm 0.32\%$  TUNEL-positive beta-cells); n = 4. G: TUNEL-positive beta-cells in dispersed rat islet cells (normalized to control =  $0.12 \pm 0.03\%$  TUNEL-positive beta-cells); n = 3. H: TUNEL-positive sorted rat beta-cells (normalized to control =  $0.06 \pm 0.02\%$  TUNEL-positive beta-cells); n = 5. \*p < 0.05 vs. control as tested by Student's t-test.

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