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## Brief Communication

# Abnormal anal cytology risk in women with known genital squamous intraepithelial lesion



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### ABSTRACT

The purpose of this study was to assess the risk of abnormal anal cytology in women with known genital squamous intraepithelial lesion. This study evaluated 200 women with and without genital squamous intraepithelial lesion who were recruited for anal Pap smears. Women who had abnormal results on equally or over atypical squamous cells of undetermined significance were classified as having abnormal anal cytology. A multiple logistic regression analysis (stepwise) was performed to identify the risk for developing abnormal anal cytology. Data were analyzed using the SPSS 20.0 program. The average age was 41.09 ( $\pm 12.64$ ). Of the total participants, 75.5% did not practice anal sex, 91% did not have HPV-infected partners, 92% did not have any anal pathology, and 68.5% did not have anal bleeding. More than half (57.5%) had genital SIL and a significant number developed abnormal anal cytology: 13% in the total sample and 17.4% in women with genital SIL. A significant association was observed between genital squamous intraepithelial lesion and anal squamous intraepithelial lesion (PR = 2.46;  $p = 0.03$ ). In the logistic regression model, women having genital intraepithelial lesion were more likely to have abnormal anal Pap smear (aPR = 2.81;  $p = 0.02$ ). This report shows that women with genital squamous intraepithelial lesion must be more closely screened for anal cancer.

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Anal and cervical cancers have many similarities that include association with human papillomavirus (HPV) infection, occurrence in an epithelial transformation zone, and coexistence with high-grade squamous intraepithelial lesions.<sup>1</sup>

HPV has been observed in 99% of cervical cancers and 80–90% of anal cancers.<sup>2–4</sup> It is likely that the pathogenesis of anal cancer is similar to that of cervical cancer: that is, anal

HPV infection, in conjunction with other yet to be determined factors, leads to the development of high-grade anal intraepithelial neoplasia (HGAIN), which is a probable precursor to anal cancer.<sup>4,5</sup>

Considering that programmatic screening for cervical cancer with cytology has been associated with considerably decreased incidence and mortality rates of cervical cancer,<sup>6</sup>

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anal cytology has been assessed as a screening method for anal neoplasia in high-risk individuals in some countries such as the USA.<sup>7</sup>

Subjects with abnormal anal screening cytology are referred for a high-resolution anoscopy (HRA) or colposcopic evaluation of the anus. In cases diagnosed with HGAIN through directed biopsies, an ablation of HGAIN lesions must be done.<sup>8</sup>

Regardless of the extensive data on cervical neoplasia and HPV infection in women, there are limited data on anal neoplasia, anal HPV infection, and cytology. The purpose of this study was to assess the risk of abnormal anal cytology in women with known genital SIL.

This study, conducted at the LNRCC-Luis Antonio Hospital (hospital for cancer in Rio Grande do Norte, Brazil), assessed 200 HIV-seronegative women (using enzyme-linked immunosorbent assay [ELISA] and Western blot), 115 with and 85 without genital SIL. The first group of women had genital SIL diagnosed by cytology, genitoscopy, and biopsy, and the second group of women presenting for cervical cancer screening had no genital SIL, based on cytology (two negative Papanicolaou smears) and a negative genitoscopy. An expert pathologist reviewed the Papanicolaou tests and biopsies. Patients in use of immunosuppressive therapy, transplanted, and HIV-infected were excluded.

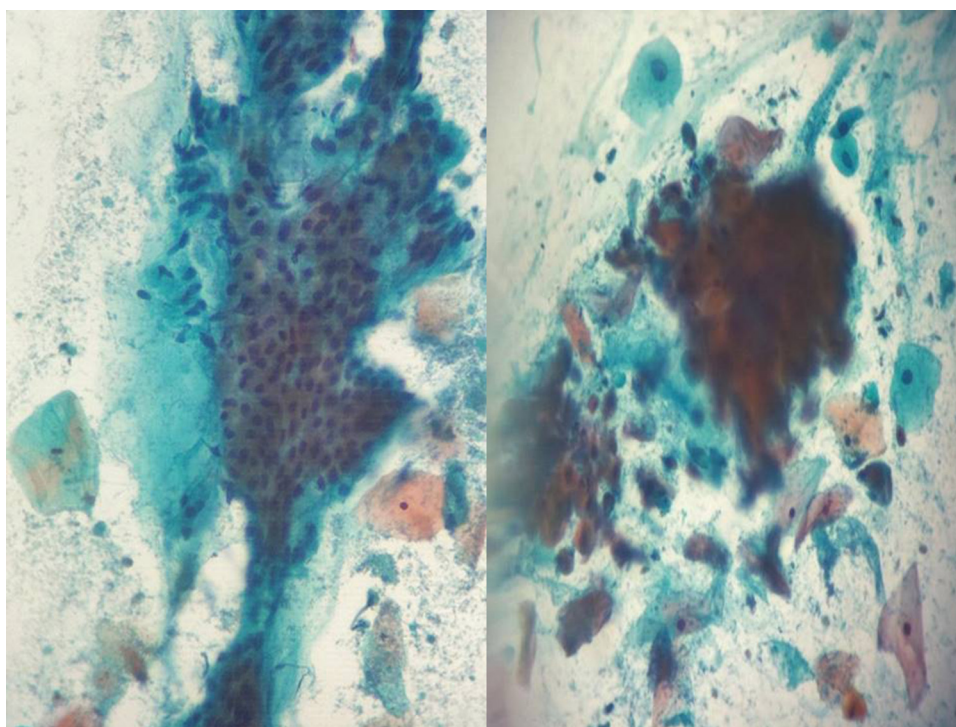
After obtaining written informed consent, each subject provided a detailed history of routine gynecologic health-care and risk factors for the development of anal cytologic abnormalities. A standardized questionnaire inquired about history of anal intercourse; number of sexual partners; history of sexually transmitted diseases; cervical cytologic abnormalities; vulvar warts; cervical, vulvar, or vaginal cancers; solid organ transplantation; chronic corticosteroid

use; history of cigarette smoking; and drug and alcohol use.

After administering the questionnaire and completing the patient history, a visual examination of the lower genital tract was performed, and samples were collected for cervical and anal cytology. The anal Pap smear was collected using a cytobrush, which was inserted 4 cm into the anal canal. The cytobrush was rotated 360° in a cone-shaped area and removed. The sample was then smeared onto a glass slide, immediately fixed in 95% ethyl alcohol and transported to the laboratory. Papanicolaou staining was used for cytopathologic diagnosis and any cytological finding from ASCUS was considered abnormal (Fig. 1).

Statistical analysis with 95% confidence intervals performed using descriptive and inferential statistics. A dichotomous variable of anal SIL was used to assess its association with the other nominal variables using Chi-square and Fisher exact test. A multiple logistic regression analysis (stepwise) was performed to identify predictors independently associated with anal SIL. Data were analyzed using the SPSS 20.0 program, and the level of significance was set at 5%. This study was approved by the Ethics Research Committee of the institution (CAAE 1 07769612.3.0000.5293).

The mean age for patients included in this study was 41.09 ( $\pm 12.64$ ). Most were nonwhite (56%) and nonsmokers (91.5%), with up to eight years of school education (50.5%). Regarding the description of contextual variables, 55.5% used oral contraceptives, 9% used condoms, 80% had already been pregnant and of these 30% had had an abortion. The majority had up to three partners (73.5%) and had not contracted other (concomitant) sexually transmitted infection (STI), besides HPV (74%). More than half reported not practicing anal sex (75.5%), 91% had partners with no clinical evidence of HPV-induced



**Fig. 1 – Normal (left) and atypical squamous cells of undetermined significance in anal cytology (right).**

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