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## Serological markers of Epstein-Barr virus in renal transplant recipients

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## ABSTRACT

**Objective:** To detect serological markers [immunoglobulin G (IgG) and immunoglobulin M (IgM) antibodies] of Epstein-Barr virus in renal transplant recipients in Sudan.**Methods:** A cross sectional study was designed to detect serological markers of Epstein-Barr virus from 152 renal transplant recipients using ELISA.**Results:** The results showed that the percentage of renal transplant patients was increased with age, 71.05% of the patients were males, and 56.57% were living in cities. The most transplant patients were employee (28.95%) and were housewife (26.32%). The numbers of renal transplant patients were increased every year, and 85.53% of the patients had transplantation in Sudan and 14.47% of patients had transplantation in other countries. Diseases associated with renal transplant patient were hypertension 18.42%, infectious diseases 7.24%, renal diseases 3.95%, atrophy 6.58%, gout 2.63% and other diseases 61.18%. Serological test indicated that among the 152 renal transplants recipient 143 (94%) were IgG positive indicating past infection, while 4 (3%) were IgM positive indicating active infection. Most IgG positive patients have hypertension and atrophy diseases, whereas, IgM positive patient have atrophy disease. IgM positive cases were administrated 75% prograf and 25% cyclosporine as an immunosuppressive drug. While IgG positive cases were administrated 83.92% prograf, 13.29% cyclosporine, and 2.79% prograf plus prednisolone as an immunosuppressive drug.**Conclusions:** Finally we concluded that most Sudanese renal transplants recipient studied were previously infected with Epstein-Barr virus, while few of them were recently infected.

## 1. Introduction

The advent of solid organ transplantation for the treatment of patients with end-stage organ failure has been one of the most exciting medical advances in the late 20th and early 21st centuries[1]. However, complications such as infection and allograft rejection were remaining major causes of morbidity and mortality. Epidemiologically, some viral infections are the result of community exposures (influenza, adenovirus), whereas some

are commonly transmitted with the allograft (cytomegalovirus, Epstein-Barr virus), and others are the result of more distant exposures reactivated in the setting of immune suppression (chicken pox and varicella zoster as shingles)[2,3].

Epstein-Barr virus, also called human herpesvirus 4, belongs to subfamily Gamma herpesviridae, genus *Lymphocryptovirus*, species human herpesvirus, affecting more than 90% of the adult population. Epstein-Barr virus is associated with a number of malignant lymphomas, including Burkitt lymphomas, Hodgkin lymphomas, immunodeficiency-associated lymphoproliferative disorders, and subset of diffuse large B-cell lymphomas[4]. Epstein-Barr virus targets B-lymphocytes and achieves latent infection in a circular episomal form. Different latency patterns are recognized based on latent gene expression pattern[5].

In early childhood Epstein-Barr virus infection is asymptomatic, while late primary infection is manifested through the symptoms

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of infectious mononucleosis[2]. The majority of symptomatic infections in renal transplant recipients are primary infection, related to reactivation of donor virus[6,7].

Epstein-Barr virus-associated lymphoproliferative diseases expressed all Epstein-Barr virus latent antigens (type III latency) in immunodeficient patients and limited antigens (type I and II latencies) in immunocompetent patients. Post-transplantation lymphoproliferative disease is the prototype exhibiting type III Epstein-Barr virus latency[8]. The majority of post-transplantation lymphoproliferative disease cases after solid organ allografting are derived from B-cell lineage, which may or may not be Epstein-Barr virus-positive. A minority of cases are derived from T-cell lineage and is typically Epstein-Barr virus-negative[8].

The risk of post-transplantation lymphoproliferative disease development can be altered by the type of immunosuppression, with higher incidence rates observed in patients receiving cytolytic therapies, including antithymocyte globulin and OKT3[9]. Fludarabine, azathioprine, and other agents causing profound T-cell suppression or mutagenicity are also implicated in pathogenesis of post-transplantation lymphoproliferative disease[10,11]. To avoid kidney donation from seropositive donor to seronegative recipient both recipient and donor candidate should be routinely tested for Epstein-Barr virus immunoglobulin G (IgG) and immunoglobulin M (IgM) antibodies before transplantation[12]. The aim of the present study was to detect serological markers (IgG and IgM antibodies) of Epstein-Barr virus in renal transplant recipients in Sudan.

## 2. Materials and methods

A cross sectional study was designed to estimate the prevalence of Epstein-Barr virus seropositive recipients in Sudanese population. Study was ethically approved by the committee of the Faculty of Medical Laboratory Sciences, University of Khartoum. Informed consent was obtained from 152 participants in Ahmed Gasim Hospital and Soba University Hospital in Khartoum State, Sudan from May to August 2015. Demographic and clinical data include age, gender, residence, occupation, date of transplantation, place of transplantation, disease history and drugs used were collected using questionnaire. Blood samples were collected from participants during routine follow up and Epstein-Barr virus antibodies (IgG and IgM to viral capsid antigen) were detected by EUROIMMUN indirect ELISA kits using Tecan analyzers, and data were presented as percentage.

## 3. Results

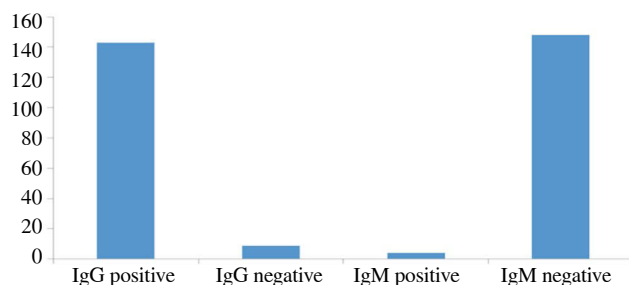
The results showed that the percentage of renal transplant

patients was increased with increasing age, 71.05% of the patients were males, and most of them (56.57%) were living in cities. The occupation of the transplant patients was 26.32% housewife, 28.95% employee, 19.74% students, 19.74% tradesman and 5.29% farmers. The number of transplant patients was increased each year, and 85.53% of the patients had transplantation in Sudan and 14.47% of patients had transplantation to other countries. Diseases associated with renal transplant patient were hypertension (18.42%), infectious diseases (7.24%), renal diseases (3.95%), atrophy (6.58%), gout (2.63%) and other diseases (61.18%) (Table 1). Among the 152 renal transplant recipients 143 (94%) were IgG positive indicating past infection and 9 (6%) were negative. While 4 (3%) of renal transplant recipients were IgM positive indicating active infection (Figure 1).

**Table 1**

Basic characteristic for renal transplant patients. *n* (%).

Characteristics	Number of patients	
Age	1–20	10 (6.58)
	21–30	34 (22.37)
	31–40	50 (32.89)
	More than 40	58 (38.16)
Gender	Male	108 (71.05)
	Female	44 (28.95)
Residence	Rural	66 (43.43)
	Urban	86 (56.57)
Occupation	Housewife	40 (26.32)
	Employee	44 (28.95)
	Student	30 (19.74)
	Farmer	8 (5.26)
	Tradesman	30 (19.74)
Date of transplantation	1998–2005	17 (11.18)
	2006–2009	26 (17.11)
	2010–2013	60 (39.47)
	2014–2015	49 (32.23)
Place of transplantation	Sudan	130 (85.53)
	Other countries	22 (14.47)
Disease	Hypertension	28 (18.42)
	Infection	11 (7.24)
	Renal disease	6 (3.95)
	Atrophy	10 (6.58)
	Gout	4 (2.63)
	Others	93 (61.18)
	Drugs use	Prograf
Cyclosporine		19 (12.50)
Prograf + prednisolone		7 (4.61)



**Figure 1.** Serology test for Epstein-Barr virus in the renal transplant patients.

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