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Authors: Mojtaba Shafiee, Maryam Tayefi, Seyed Mahdi Hassanian, Zahra Ghaneifar, Mohammad Reza Parizadeh, Amir Avan, Farzad Rahmani, Zahra Khorasanchi, Mahmoud Reza Azarpajouh, Hamideh Safarian, Mohsen Moohebbati, Alireza Heidari-Bakavoli, Habibolah Esmaeili, Mohsen Nematy, Mohammad Safarian, Mahmoud Ebrahimi, Gordon A. Ferns, Naghmeh Mokhber, Majid Ghayour-Mobarhan



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Depression and Anxiety symptoms are associated with White Blood Cell count and Red Cell Distribution Width: a sex-stratified analysis in a population-based study

Mojtaba Shafiee^{1,2,*}, Maryam Tayefi^{3,*}, Seyed Mahdi Hassanian^{4,5,*}, Zahra Ghaneifar^{3,*}, Mohammad Reza Parizadeh³, Amir Avan⁶, Farzad Rahmani⁴, Zahra Khorasanchi^{1,2}, Mahmoud Reza Azarpajouh⁷, Hamideh Safarian⁴, Mohsen Moohebaty⁷, Alireza Heidari-Bakavoli⁷, Habibolah Esmaeili⁸, Mohsen Nematy¹, Mohammad Safarian¹, Mahmoud Ebrahimi⁷, Gordon A. Ferns⁹, Naghmeh Mokhber^{3,6,#}, Majid Ghayour-Mobarhan^{3,#}

Affiliations:

- 1) Department of Nutrition, Faculty of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran.
- 2) Student Research Committee, Faculty of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran.
- 3) Metabolic Syndrome Research Center, Faculty of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran.
- 4) Department of Medical Biochemistry, Faculty of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran.
- 5) Microanatomy Research Center, Mashhad University of Medical Sciences, Mashhad, Iran.
- 6) Department of Modern Sciences and Technologies, Faculty of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran.
- 7) Cardiovascular Research Center, Faculty of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran.
- 8) Department of Biostatistics & Epidemiology, Faculty of Health, Management & Social Determinants of Health Research Center, Mashhad University of Medical Sciences, Mashhad, Iran.
- 9) Brighton & Sussex Medical School, Division of Medical Education, Falmer, Brighton, Sussex BN1 9PH, UK

Running title: Association of Depression and Anxiety disorders with hematological inflammatory markers

#Corresponding

Majid Ghayour-Mobarhan MD, Ph.D. Metabolic Syndrome Research Center, Faculty of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran, Tel: +985138002288, Fax: +985138002287; Email: ghayourm@mums.ac.ir

Naghmeh Mokhber, MD, Psychiatry and Behavioral Sciences Research Center, Faculty of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran, Tel: +985138002288, Fax: +985138002287; Email: Mokhbern@mums.ac.ir

* Equally contributed as first author

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Highlights:

- Depression and anxiety disorders are associated with elevated levels of WBC; however, this association was only present in men.
- Depression and anxiety disorders also have a significant positive association with RDW which is much stronger among men.
- Depression also has a significant negative association with red blood cell (RBC) and mean corpuscular hemoglobin (MCH).

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