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The influence of adipose tissue location on postural control

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ABSTRACT

A growing body of evidence suggests, that excessive body weight is inseparably connected with

postural instability. In none of previous studies, body weight distribution has been considered as

a factor, which may affect results of a static posturography. The purpose of the present study is

to quantify some center of foot pressure (COP) characteristics in 40 obese women with android

type of obesity (waist-to-hip ratio - WHR \geq 0.85, BMI: 37.5 \pm 5.4) and 40 obese women with

gynoid type of obesity (WHR < 0.85, BMI: 36.9 ± 5.1). Variables of postural sway were

acquired while subjects were standing quietly on a force plate with eyes open and closed. Both

in the sagittal and frontal plane sway range, average velocity, and maximal velocity of COP

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