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# The alleviative effects of metformin for lipopolysaccharide-induced acute lung injury rat model and its underlying mechanism



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## ABSTRACT

For patients who have sepsis, acute lung injury (ALI) causes most of death. Metformin (Met) is an anti-hyperglycemic agent and it has extensive pharmacological properties. This study aimed to analyze the influence of Met on lipopolysaccharide (LPS) -induced ALI. Met (1, 2, and 4 mg/kg) were injected and LPS was injected 30 min later. The data suggested Met can reduce release of inflammatory cytokines and bronchoalveolar lavage fluid (BALF) protein expression, reduce lung wet/dry ratio, and significantly improve LPS-induced lung destruction during ALI. In addition, Met inhibits LPS-induced neutrophil and macrophage infiltration, reduces MPO activity, and promotes AMPK- $\alpha$ 1 expression in lung tissues. Our data suggested that metformin alleviates capillary injury during ALI via AMPK- $\alpha$ 1.

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## 1. Introduction

For the acute respiratory distress syndrome (ARDS) involving ALI (Ranieri et al., 2012), the lung insult is one of the major causes. Changes in vascular functions participate in ALI occurrence and progression. The previous studies have demonstrated that the vascular bed of distal vessels was damaged during ALI (Matute-Bello et al., 2011). In addition, alveolar capillaries were injured, resulting in increased endothelial permeability (Matthay et al., 2003; Vadasz and Sznajder, 2011). Currently, therapeutic regimens have no effect for reversing endothelial cell dysfunction (Levitt and Matthay, 2012).

Met is an anti-hyperglycemic agent and it shows good oral bioavailability (50 ± 60%) and a favorable safety profile (Wilcock and Bailey, 1994; Rizos and Elisaf, 2013). Notably, this drug also has anti-proliferative properties on cancer cells, in both non-diabetic and diabetic patients (Hosono et al., 2010). Met effects include inhibition of ATP production, activation of AMPK, and consequent inhibition of TORC1 (Pernicova and Korbonits, 2014; Shaw,

2009). Recent researches showed that AMPK activation reduces the inflammatory response of various cells, regulates cardiovascular complications related to ischemia or diabetes, and reduces the proinflammatory effects of neutrophils and macrophages activation (Steinberg and Kemp, 2009).

## 2. Experimental animals and methodology

### 2.1. Experimental animals

Adult male SD rats weighting average 275–300 g were obtained from Sichuan University, which were stored in a room controlled by humidity and were free to eat granules.

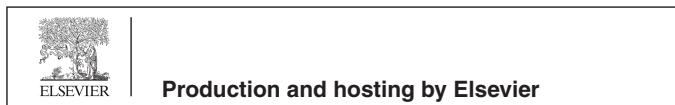
### 2.2. Study design

Rats were classified into different groups randomly, such as control group, Met (4 mg/kg) group, LPS group (LPS group 5 mg/kg, iv), LPS + Met group 1, LPS + Met group 2, and LPS + Met group 3. Met was intravenously injected at the dosage of 1, 2, and 4 mg/kg for LPS + Met group 1, LPS + Met group 2, and LPS + Met group 3, respectively. In order to induce ALI, 5 mg/kg LPS was intravenously injected (Shen et al., 2009). Before injection of LPS, Met was intravenously injected 30 min in advance (Ragelle et al., 2012; Goh et al., 2012).

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### 2.3. BALF protein measurement and cell counts

For the tracheal cannula, there was an injection with a total of 5 mL ice-cold phosphate-buffered saline (PBS). Then aspiration was performed to conduct bronchoalveolar lavage (BAL). BAL was centrifuged at 4 °C at 1200g for 10 min. Supernatants were collected to measure the total protein level and count the cytokines.

### 2.4. Lung wet/dry weight ratio

The lung wet/dry weight ratio was assessed to measure pulmonary edema. There were three steps to obtain the “wet” weight of lung: resection, rinse with PBS and weigh. Then, the lung was stored at 60 °C for 72 h, the “dry” weight was measured to calculate the wet/dry weight ratio.

### 2.5. TNF- $\alpha$ and IL-6 ELISA assay

Based on the protocol of manufacturer, ELISA was used to examine BALF TNF- $\alpha$  and IL-6.

### 2.6. MPO activity assay

The activity of MPO was used to measure the accumulation of neutrophil. Based on the protocol of manufacturer, the test kits were used to measure the MPO activity.

### 2.7. Histological evaluation

LPS was injected and the collection of lung tissues was carried 6 h later. Then it fixed at 4 °C for 48 h using 10% neutral phosphate buffered formalin. H&E was used to stain the lung tissue. The pathological changes of lung tissue were observed with light microscopy.

### 2.8. Western blot analysis

The final supernatant was obtained by centrifugation at 12,000g for 20 min. For the concentration of protein, bovine serum albumin (BSA) determined it and Thermo Fisher Scientific Protein Kit (Thermo Fisher Scientific, Inc.) was used to measure it. The same amount of total protein was subjected to 12% SDS-polyacrylamide gel electrophoresis and transferred to a polyvinylidene difluoride membrane. The membranes were then stored in 5% BSA and then immunoblotted using the following antibodies diluted 1: 1000: rabbit anti-AMPK antibody (Santa Cruz Biotechnology, Santa Cruz, CA, USA).

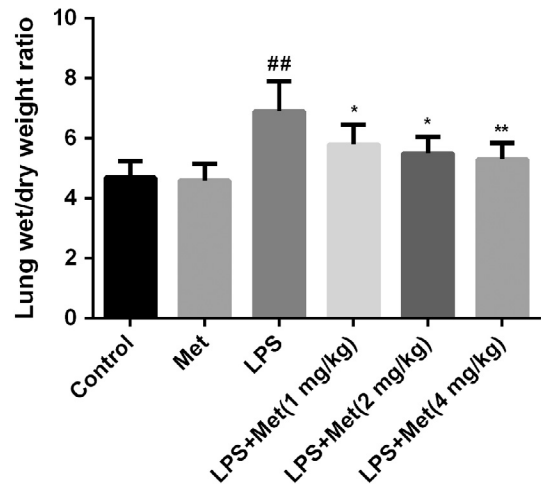
### 2.9. Analysis

IBM SPSS 17.0 (SPSS Inc, Chicago, IL, USA) was applied in this analysis. Data of this research was represented as mean  $\pm$  standard deviation. Six groups are compared using unpaired student *t* test. The value of  $P < 0.05$  was critical in statistic.

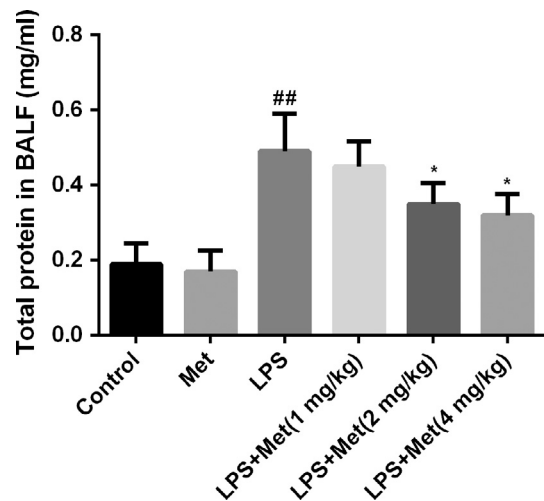
## 3. Results

### 3.1. Effects of met on the lung wet/dry weight ratio and the concentration of total protein in BALF

According to Figs. 1 and 2, the lung wet/dry ratio and total protein level of BALF in the LPS group was obviously higher than those in the control group.



**Fig. 1.** The influence of Met on lung wet/dry ratio. Met (1, 2 and 4 mg/kg) were intravenously injected into rats and LPS.  $^{###}P < 0.01$  was injected 30 min later, compared with the control group;  $^{*}P < 0.05$ , compared with the LPS group;  $^{**}P < 0.01$ , compared with the LPS group.



**Fig. 2.** Effects of Met on total protein concentration of BALF. Met were administered to rats at 30 min prior to administration of LPS. BALF was collected 6 h after LPS administration, and total protein concentration was analyzed.  $^{###}P < 0.01$ , compared with the control group;  $^{*}P < 0.05$ , compared with the LPS group.

### 3.2. Influence of met on lps-mediated lung histopathologic changes

According to Fig. 3, the control group represented integral alveoli structure without edema (Fig. 3a). LPS was injected and lung destruction was significant 6 h later (Fig. 3c). Administration with Met alleviated lung destruction (Fig. 3d–f).

### 3.3. Influence of met on the inflammatory cell counts in BALF

According to Fig. 4, comparing with those of control group, the numbers of neutrophils, macrophages and total cells in BALF increased sharply in the LPS group. Met administration significantly reduced the numbers of neutrophils, macrophages and total cells.

### 3.4. Effects of met on MPO activity in lung tissues

MPO is produced by neutrophils and results in lung tissue damages. Therefore, MPO participates in ALI occurrence and

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