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Title:

Spouse-related factors associated with Quality of Recovery of patients after hip or knee replacement - a Nordic perspective

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Abstract

Background: Today's shorter hospital stays mean that patients may need support from informal caregivers during their recovery period. The responsibility for providing this support shifts from the healthcare staff to their family members fairly early in the recovery process. Spousal caregivers are considered to be the primary caregivers as their relationship with the patient is more interdependent than that of other family members or caregivers.

Objectives: The aim was to describe spouse-related factors that were associated with patients' quality of recovery on discharge from hospital after elective hip or knee replacement.

Design: The design was prospective, descriptive and comparative, with two measurements; before arthroplasty and on discharge.

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