

# Renal Retention of Lipid Microbubbles: A Potential Mechanism for Flank Discomfort During Ultrasound Contrast Administration

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**Background:** The etiology of flank pain sometimes experienced during the administration of ultrasound contrast agents is unknown. The aim of this study was to investigate whether microbubble ultrasound contrast agents are retained within the renal microcirculation, which could lead to either flow disturbance or local release of vasoactive and pain mediators downstream from complement activation.

**Methods:** Retention of lipid-shelled microbubbles in the renal microcirculation of mice was assessed by confocal fluorescent microscopy and contrast-enhanced ultrasound imaging with dose-escalating intravenous injection. Studies were performed with size-segregated microbubbles to investigate physical entrapment, after glycocalyx degradation and in wild-type and C3-deficient mice to investigate complement-mediated retention. Urinary bradykinin was measured before and after microbubble administrations. Renal contrast-enhanced ultrasound in human subjects ( $n = 13$ ) was performed 7 to 10 min after the completion of lipid microbubble administration.

**Results:** In both mice and humans, microbubble retention was detected in the renal cortex by persistent contrast-enhanced ultrasound signal enhancement. Microbubble retention in mice was linearly related to dose and occurred almost exclusively in cortical glomerular microvessels. Microbubble retention did not affect microsphere-derived renal blood flow. Microbubble retention was not influenced by glycocalyx degradation or by microbubble size, thereby excluding lodging, but was reduced by 90% ( $P < .01$ ) in C3-deficient mice. Urinary bradykinin increased by 65% 5 min after microbubble injection.

**Conclusions:** Lipid-shelled microbubbles are retained in the renal cortex because of complement-mediated interactions with glomerular microvascular endothelium. Microbubble retention does not adversely affect renal perfusion but does generate complement-related intermediates that are known to mediate nociception and could be responsible for flank pain. (*J Am Soc Echocardiogr* 2013;26:1474-81.)

**Keywords:** Microbubbles, Contrast echocardiography, Complement, Safety

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Contrast-enhanced ultrasound (CEU) imaging, including myocardial contrast echocardiography, relies on the acoustic detection of gas-filled microbubble contrast agents. Microbubbles that are approved

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for clinical use are encapsulated by albumin or lipid surfactants and behave similarly to erythrocytes in the microcirculation of the heart and skeletal muscle.<sup>1,2</sup> Although the safety of commercially produced microbubbles has been established by trials that evaluated serious reactions,<sup>3,4</sup> postmarketing surveys and retrospective studies have revealed that flank pain is one of the most frequent nonserious adverse reactions that can necessitate termination of lipid microbubble administration.<sup>5,6</sup>

Although the etiology of flank pain with ultrasound contrast agents is unknown, similar symptoms have been reported with high doses of liposomal drug preparations.<sup>7,8</sup> It has been proposed that liposome-related flank pain is caused by complement ( $C'$ ) activation, which occurs in proportion to total lipid dose.<sup>7-9</sup> Lipid microbubbles can also promote  $C'$  activation, resulting in deposition of human C3b on the microbubble surface, particularly when highly charged lipids are present in the shell.<sup>10</sup> Complement proteins on the shell surface can mediate microbubble adhesion to activated leukocytes and vascular endothelium.<sup>10-12</sup> Hence, it is possible that  $C'$  may mediate renovascular retention of microbubbles and produce flank discomfort through either physical obstruction to flow or local

### Abbreviations

**CD55** = Decay-accelerating factor

**CEU** = Contrast-enhanced ultrasound

**MB** = Microbubbles with a near neutral charge

**MB<sup>-</sup>** = Microbubbles with a net negative charge

**MB<sup>+</sup>** = Microbubbles with a net positive charge

**MI** = Mechanical index

production of vasoconstrictors and/or nociceptive peptides produced downstream from C' activation.

Our aims were to evaluate whether microbubble retention occurs within the renal microcirculation in mice and humans and to determine the histologic location of retention by confocal microscopy. To evaluate the potential mechanisms of retention, we assessed for size-dependent lodging and evaluated the effects of microbubble charge, competence of the C' system,

and integrity of the glycocalyx, which influences cell-microbubble interaction.

## METHODS

### Microbubbles for Murine Experiments

Lipid-stabilized decafluorobutane microbubbles were prepared by sonication of a gas-saturated aqueous dispersion of lipids. Microbubbles with a near neutral charge (MB) were prepared with a dispersion of 2.0 mg/mL distearoyl phosphatidylcholine and 0.5 mg/mL polyoxyethylene-40-stearate. Microbubbles with a net negative charge (MB<sup>-</sup>) and microbubbles with a net positive charge (MB<sup>+</sup>) were prepared by adding either distearoyl phospho-L-serine and distearoyl trimethylammonium propane (0.1 mg/mL), respectively. Microbubble  $\zeta$  potential was determined by laser Doppler velocimetry (ZetaPlus; Brookhaven Instruments, Holtsville, NY) in 1 mmol/L potassium chloride. The results of three separate measurements were averaged. Separation of microbubbles into small size population was performed by flotation-centrifugation at 400g for 1 min and isolation of the turbid supernatant.<sup>13</sup> For confocal microscopy, lipid microbubble shells were fluorescently labeled by adding dioctadecylindocarbocyanine to the suspension before sonication. Studies with albumin-shelled octafluoropropane microbubbles were performed with Optison (GE Healthcare, Princeton, NJ). Microbubble concentration and size distribution were determined by electrozone sensing (Multisizer III; Beckman Coulter, Fullerton, CA).

### Animal Preparation

The study was approved by the Animal Care and Use Committee of the Oregon Health & Science University. Male wild-type C57Bl/6 mice and C3-deficient (C3<sup>-/-</sup>) mice (Jackson Laboratory, Bar Harbor, ME) were studied at 8 to 12 weeks of age. Mice were anesthetized with inhaled isoflurane (1.0%–1.5%). Body temperature was maintained at 37°C with a heating platform. A jugular vein was cannulated for the administration of microbubbles.

### CEU in Mice

Renal CEU was performed from a dorsal approach with a linear-array probe (Sequoia; Siemens Medical Systems USA, Inc, Mountain View, CA) using phase-inversion amplitude-modulation imaging at 7 MHz and a mechanical index (MI) of 0.16. Microbubbles were injected as an intravenous bolus injection. Imaging for retained microbubbles was performed 8 min after injection. After initial image acquisition,

several high-power (MI = 1.0) frames were applied to destroy microbubbles in the sector. Signal from retained microbubbles was calculated by digitally subtracting several averaged frames obtained >5 sec after the destructive pulse sequence from averaged frames obtained before the destructive pulse sequence. Intensity was measured from a region of interest placed on the entire kidney guided by fundamental two-dimensional imaging acquired after each CEU imaging sequence.

### Murine CEU Protocols to Assess Retention

Kidney retention of lipid microbubbles was evaluated with bilateral renal CEU using the following five conditions: (1) injection of MB at escalating doses from  $1 \times 10^4$  to  $1 \times 10^6$  ( $n = 12$ ); (2) injection of  $1 \times 10^6$  MB with either normal size dispersion or size separated to obtain the small MB population ( $n = 5$ ); (3) injection of  $1 \times 10^6$  MB in C3<sup>-/-</sup> mice ( $n = 5$ ); (4) injection of  $1 \times 10^6$  MB, MB<sup>+</sup>, and MB<sup>-</sup> performed in random order ( $n = 5$ ); and (5) injection of  $1 \times 10^6$  MB, MB<sup>+</sup>, and MB<sup>-</sup> in random order before and after degradation of the glomerular glycocalyx produced by intravenous administration of hyaluronidase ( $1.5 \times 10^4$  U/kg, 60 min prior) and heparinase III (8.2 U/kg, 15 min prior) ( $n = 5$ ).<sup>14,15</sup> To evaluate relative retention of albumin and lipid microbubbles, CEU was performed in three mice after the injection of MB ( $5 \times 10^5$ ) and albumin-shelled microbubbles at medium and high doses ( $5 \times 10^5$  and  $1 \times 10^6$ ).

### Confocal Microscopy for Microbubble Retention

In five wild-type mice,  $1 \times 10^6$  dioctadecylindocarbocyanine-labeled MB were injected intravenously. After 8 min, 100  $\mu$ g fluorescein isothiocyanate-labeled *Lycopersicon esculentum* lectin was injected to label the endothelium. Mice were euthanized, and the blood pool was flushed by isothermic saline (5 mL) infused via the left ventricle at 80 to 100 mm Hg. Confocal fluorescent microscopy (FW1000; Olympus, Center Valley, PA) was performed using nonfixed thick sections (1 mm) of the kidney.

### Renal Blood Flow

Changes in renal microvascular blood flow produced by microbubble injection in mice was evaluated using fluorescent microspheres ( $n = 3$ ). An arterial cannula was placed in the carotid artery and advanced retrograde into the aorta. Fluorescently labeled microspheres ( $5 \times 10^4$ ) with a diameter of 15  $\mu$ m (Dye Track-F; Triton Technology, San Diego, CA) were suspended in 20  $\mu$ L saline and injected over 1 min. A second injection of microspheres labeled with a different fluorophore was repeated 8 min after intravenous injection of  $1 \times 10^6$  MB. Both kidneys were removed, cut into 1-mm-thick sections, and the number of microspheres labeled with each fluorophore was quantified by fluorescent microscopy.

### Urinary Bradykinin

Urine was sampled through a urethral microcatheter at baseline and 5 to 10 min after intravenous injection of  $1 \times 10^6$  MB. Bradykinin concentration was measured by enzyme-linked immunosorbent assay (Phoenix Pharmaceuticals, Burlingame, CA).

### Histology

Renal tissue was obtained 24 hours after the intravenous injection of  $1 \times 10^6$  MB, fixed, and stained with hematoxylin to evaluate for

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