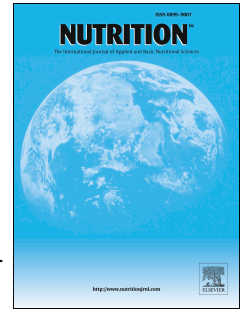


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Low FODMAP Diet in the Treatment of Irritable Bowel Syndrome: A Systematic Review and Meta-Analysis

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Abbreviations: ANS - autonomic nervous system; CI - confidence interval; FODMAP(s) - Fermentable, Oligo-, Di-, Mono-saccharides and Polyols; FOS - fructo-oligosaccharides; GOS - galacto-oligosaccharides, GI - gastrointestinal; GIS - Global Improvement Scale; IBS - Irritable bowel syndrome; HADS - Hospital Anxiety and Depression Scale; IBS-D – diarrhea predominant IBS; IBS-GAI - IBS Global Assessment of Improvement; IBS-QOL – Irritable Bowel Syndrome Quality of Life questionnaire; IBS-SSS - IBS Symptom Severity Scale; LFD – Low FODMAP Diet; mNICE – modified guidelines from the National Institute for Health and Care Excellence; NRS - Numeric Rating Scale; RCT(s) - Randomized controlled trial(s); SF-36 - Health-Related Quality of Life Short Form 36; SMD - Standardized mean differences; STAI - state and trait anxiety inventory; VAS – Visual Analogue scale; VSI - Visceral Sensitivity Index.

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