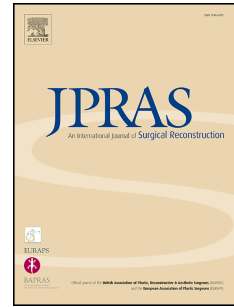


# Accepted Manuscript

Correction of tuberous breast deformity: a retrospective study comparing lipofilling versus breast implant augmentation

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PII: S1748-6815(17)30089-X

DOI: [10.1016/j.bjps.2017.02.011](https://doi.org/10.1016/j.bjps.2017.02.011)

Reference: PRAS 5249

To appear in: *Journal of Plastic, Reconstructive & Aesthetic Surgery*

Received Date: 24 January 2017

Accepted Date: 17 February 2017

Please cite this article as: Brault N, Stivala A, Guillier D, Moris V, Revol M, François C, Cristofari S, Correction of tuberous breast deformity: a retrospective study comparing lipofilling versus breast implant augmentation, *British Journal of Plastic Surgery* (2017), doi: 10.1016/j.bjps.2017.02.011.

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## **Correction of tuberous breast deformity: a retrospective study comparing lipofilling versus breast implant augmentation.**

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### **Summary**

Breast implants and more recently autologous fat grafting are the two most common treatments used to correct tuberous breast deformity (TBD). Post-surgical quality of life between the two techniques is not well demonstrated. The purpose of this study is to compare satisfaction and health-related quality of life in patients affected of TBD between these two techniques.

All TBD patients operated between January 2008 and May 2015 were retrospectively identified and only those treated with implants or lipofilling were included. Satisfaction was evaluated at least six months after surgery with the post-operative Breast-Q® augmentation module.

From January 2008 to May 2015, 62 patients were recruited in our study and 37 patients were evaluated with a Breast-Q questionnaire after at least a follow-up of 6 months. Breast implant augmented patients were significantly more satisfied concerning the “satisfaction with breasts” module ( $p=0.002$ ) and the “satisfaction with outcome” module ( $p=0.00008$ ). A question-by-question analysis revealed several interesting and significant differences showing higher scores in most of the questions among the breast implant group.

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