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Promising techniques to illuminate neuromodulatory control of the cerebral cortex in sleeping and waking states

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E-mail address: kanda.takeshi.fu@u.tsukuba.ac.jp (T. Kanda), k_sekiya@m.u-tokyo.ac.jp (H. Sekiya) 45 pages, 4 figures. and 1 table.

Highlights

We review sleep/wake states of the cerebral cortex with a focus on neuromodulators. Electrophysiological techniques have begun to decipher internal brain states. Electrophysiology is unable to fully resolve the behavior of neuromodulators. Fluorescence imaging is a prospective method useful in sleep research.

ABSTRACT

Sleep, a common event in daily life, has clear benefits for brain function, but what goes on in the brain when we sleep remains unclear. Sleep was long regarded as a silent state of the brain because the brain seemingly lacks interaction with the surroundings during sleep. Since the discovery of electrical activities in the brain at rest, electrophysiological methods have revealed novel concepts in sleep Download English Version:

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