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Author: Ahmad Reza Sharifi, Abdollah Homayounfar, Seyed Hamdollah Mosavat, Mojtaba Heydari, Mohsen Naseri

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Premature ejaculation and its remedies in medieval Persia

Ahmad Reza Sharifi¹, Abdollah Homayounfar², Seyed Hamdollah Mosavat², Mojtaba Heydari³, Mohsen Naseri¹

1. Traditional Iranian Medicine Clinical Trial Research Center, Shahed University, Tehran, Iran.
2. Research Centre for Traditional Medicine and History of Medicine, Shiraz University of Medical Sciences, Shiraz, Iran
3. Department of Traditional Persian Medicine, School of Medicine, Shiraz University of Medical Sciences, Shiraz, Iran

Correspondence: Mohsen Naseri, Traditional Iranian Medicine Clinical Trial Research Center, Shahed University, Kargar Shomali St, Tehran, Iran. E-mail: meshkat_114@yahoo.com, Tel: +989172051798

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Background:

The history of premature ejaculation (PE) is probably as old as human history. Despite the well-known history of premature ejaculation (PE) in the 19th and 20th century, there is little information on the history of this disease throughout antiquity and the medieval period¹. PE is mentioned in ancient Greek mythology with the term "*ejaculatio ante portas*"². This disease is also mentioned in *Njal's Saga*, a 13th century Icelandic saga³. It appears that medieval Persian physicians have mentioned PE in their medical manuscripts for the first time. In this historical essay, we have reviewed manuscripts handed down from the most outstanding medieval Persian scholars: Rhazes (865-925 CE), Haly Abbas (949-982 CE), and Avicenna (980-1037 CE). We determined to focus on "*Zakhire Kharazmshahi*", a script from *Hakim Esmail Jorjani* (1042-1137), in which probably the most detailed discussion is made about premature ejaculation.

Rhazes, Haly Abbas, and Avicenna:

Different famous medieval physicians such as Rhazes, Haly Abbas and Avicenna have extensively elaborated on different aspects of sexual dysfunction⁴⁻⁶. Rhazes (865-925 CE), a Persian physician, born in Rey City (Iran)⁷, has written a manuscript entitled "*Fil-Bah*" [on Aphrodisia] and discussed different *medicinal* aspects of sex in 13 long-

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