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# Hyperbaric oxygen treatment suppresses withdrawal signs in morphine-dependent mice

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#### ABSTRACT

Hyperbaric oxygen (HBO<sub>2</sub>) therapy reportedly reduces opiate withdrawal in human subjects. The purpose of this research was to determine whether HBO<sub>2</sub> treatment could suppress physical signs of withdrawal in opiate-dependent mice. Male NIH Swiss mice were injected s.c. with morphine sulfate twice a day for 4 days, the daily dose gradually increasing from 50 mg/kg on day 1 to 125 mg/kg on day 4. On day 5, withdrawal was precipitated by i.p. injection of 5.0 mg/kg naloxone. Mice were observed for physical withdrawal signs, including jumping, forepaw tremor, wet-dog shakes, rearing and defecation for 30 min. Sixty min prior to the naloxone injection, different groups of mice received either a 30-min or 60-min HBO<sub>2</sub> treatment at 3.5 atm absolute. HBO<sub>2</sub> treatment significantly reduced naloxone-precipitated jumping, forepaw tremor, wet-dog shakes, rearing and defecation, we concluded that treatment with HBO<sub>2</sub> can suppress physical signs of withdrawal syndrome in morphine-dependent mice.

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#### 1. Introduction

Hyperbaric oxygen (HBO<sub>2</sub>) is the clinical application of 100% oxygen under higher-than-normal atmospheric pressure to achieve therapeutic outcomes. On the recommendation of the Hyperbaric Oxygen Therapy Committee of the Undersea and Hyperbaric Medical Society, HBO<sub>2</sub> therapy is approved by the U.S. Food and Drug Administration (FDA) for 14 clinical conditions (Weaver, 2014) but currently not for treatment of opiate addiction. According to a published report, HBO<sub>2</sub> was beneficial in patients with narcomania (narcotic addiction) in the post-intoxication and abstinence periods (Epifanova, 1995). However, this study remains unconfirmed.

Previously, we reported that HBO<sub>2</sub> produced an antinociceptive

effect in mice that was dependent on both nitric oxide (NO) and opioid receptors (Zelinski et al., 2009). Further studies suggested that HBO<sub>2</sub> might be capable of stimulating neuronal release of endogenous opioid peptides (Heeman et al., 2013). The purpose of the present investigation was to determine in an animal model whether HBO<sub>2</sub> might be capable of reducing the morphine withdrawal syndrome.

#### 2. Results

The intraclass correlation coefficients (ICCs) for two independent raters assessing the impact of HBO<sub>2</sub> treatment on physical withdrawal signs were as follow: jumps ( $\alpha$ =0.995, P=0.000); rears ( $\alpha$ =0.878, P=0.000); and fecal boli ( $\alpha$ =0.826, P=0.000). ICCs were not determined for tremors or wet-dog shakes because they were scored in real time by a single rater.

Morphine-dependent mice exhibited averages of  $24.6 \pm 8.5$  jumps,  $15.6 \pm 2.4$  tremors,  $2.9 \pm 0.7$  wet-dog shakes,  $92.2 \pm 6.8$  rears, and  $6.3 \pm 0.8$  fecal boli during a 30-min observation period following administration of naloxone. After both 30- and 60-min HBO<sub>2</sub> treatments, there were statistically significant decreases in all five endpoints: jumps [Welch's F(2, 15.737)=4.510, P=0.028]; tremors [Welch's F(2, 26.911)=6.815, P=0.004]; wet-dog shakes







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[Welch's F(2, 26.586)=5.790, P=0.008]; rears [F(2, 27)=5.384, P=0.011]; and fecal boli [Welch's F(2, 17.719)=8.963, P=0.002] (Figs. 1-5).

#### 3. Discussion

We found that naloxone precipitated five cardinal signs of opiate withdrawal—jumping, forepaw tremor, wet-dog shakes, rearing, and defecation (Gabra et al., 2008; Seyedi et al., 2014; Wu et al., 2014)—in morphine-dependent mice. The frequency of all five withdrawal signs was significantly reduced by HBO<sub>2</sub> treatment.

The implications of this research are of profound importance. Current therapies used to treat heroin addiction largely employ opiate medications, including agonists, partial agonists and antagonists. While these drugs can provide relief from the opiate withdrawal syndrome, they are still prone to development of physical dependence and risk of relapse (Kleber, 2007).

Although one isolated study reported that HBO2 alleviated



**Fig. 1.** Effect of HBO<sub>2</sub> on naloxone-induced jumping in chronic morphine-treated mice. Data are presented as the mean  $\pm$  SEM (Morphine+Room Air, N=14; Morphine+30-min HBO<sub>2</sub>, N=14; and Morphine+60-min HBO<sub>2</sub>, N=21). Significance of difference: \*\*, *P* < 0.01, compared to Morphine+Room Air control group.



**Fig. 2.** Effect of HBO<sub>2</sub> on naloxone-induced tremor in chronic morphine-treated mice. Data are presented as the mean  $\pm$  SEM (Morphine+Room Air, N=18; Morphine+30-min HBO<sub>2</sub>, N=14; and Morphine+60-min HBO<sub>2</sub>, N=21). Significance of difference: \*\*, *P* < 0.01, compared to Morphine+Room Air control group.



**Fig. 3.** Effect of HBO<sub>2</sub> on naloxone-induced wet-dog shakes in chronic morphinetreated mice. Data are presented as the mean  $\pm$  SEM (Morphine+Room Air, N=18; Morphine+30-min HBO<sub>2</sub>, N=14; and Morphine+60-min HBO<sub>2</sub>, N=21). Significance of difference: \*\*, *P* < 0.01, compared to Morphine+Room Air control group.



**Fig. 4.** Effect of HBO<sub>2</sub> on naloxone-induced rearing in chronic morphine-treated mice. Data are presented as the mean  $\pm$  SEM (Morphine+Room Air, N=14; Morphine+30-min HBO<sub>2</sub>, N=10; and Morphine+60-min HBO<sub>2</sub>, N=12). Significance of difference: \*\*, *P* < 0.01, compared to Morphine+Room Air control group.



**Fig. 5.** Effect of HBO<sub>2</sub> on naloxone-induced defecation in chronic morphine-treated mice. Data are presented as the mean  $\pm$  SEM (Morphine+Room Air, N=14; Morphine+30-min HBO<sub>2</sub>, N=10; and Morphine+60-min HBO<sub>2</sub>, N=12). Significance of difference: \*\*, *P* < 0.01, compared to Morphine+Room Air control group.

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