Accepted Manuscript

Title: Being together in time: Body synchrony in couples'

psychotherapy

Author: Einat Shuper-Engelhard

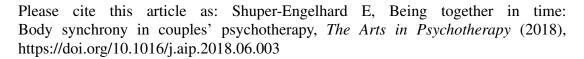
PII: S0197-4556(18)30094-7

DOI: https://doi.org/10.1016/j.aip.2018.06.003

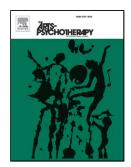
Reference: AIP 1522

To appear in: The Arts in Psychotherapy

Received date: 29-4-2018 Revised date: 14-6-2018 Accepted date: 22-6-2018



This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



1 **Body Synchrony**

Being together in time: Body synchrony in couples' psychotherapy

Einat Shuper-Engelhard, Ph.D.

1. Head Dance Movement Therapy programme

Graduate School of Creative Art Therapies. Faculty of social Welfare & health sciences,

emili sagol creative arts therapies research center,

University of Haifa, Mt. Carmel, Haifa 31905, Israel

2. Graduate School of Creative Art Therapies. Faculty of humanities & social sciences, Kibbutzim

college of education, 149 Derech Namir, Tel Aviv 62507

Tel Aviv, Israel

Tel: +972546379406

Email: einatsh2@bezegint.net

Highlights:

Providing help to create synchrony through opening a channel that listens for non-verbal

messages and finding a secure body space for each member of the couple, may summon

new emotional experiences in the relationship whose source is in bodily sensation.

Familiarity with the content the body communicates can reduce primal anxieties and

prevent the use of primitive defenses in relations.

Becoming familiar with the way the couple communicates with each other through their

bodies invites discussion about embodiment and intimate ways of communication in the

couple relationship.

1

Download English Version:

https://daneshyari.com/en/article/6831303

Download Persian Version:

https://daneshyari.com/article/6831303

<u>Daneshyari.com</u>