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Authors: Sungeun Kim, Christine Gäbel, Corina Aguilar-Raab, Thomas K. Hillecke, Marco Warth

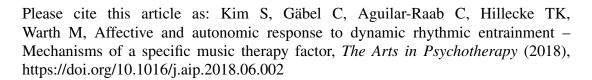
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Affective and autonomic response to dynamic rhythmic entrainment - Mechanisms of a

specific music therapy factor

Running head: Psychophysiological effects of entrainment

Sungeun Kim<sup>1</sup>, Christine Gäbel<sup>2</sup>, Corina Aguilar-Raab<sup>2</sup>, Thomas K. Hillecke<sup>1</sup>, Marco Warth<sup>2\*</sup>

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<sup>1</sup>School of Therapeutic Sciences, SRH University Heidelberg, Maria-Probst-Straße 3, 69123

Heidelberg, Germany,

<sup>2</sup>Institute of Medical Psychology, Center for Psychosocial Medicine, University Hospital

Heidelberg, Bergheimer Str. 20, 69115, Heidelberg, Germany

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Heidelberg University.

Corresponding author:

Dr. Marco Warth, Dipl.-Psych., M.A.

Institute of Medical Psychology

Center for Psychosocial Medicine

University Hospital Heidelberg

Bergheimer Str. 20

69120 Heidelberg, Germany

Phone: +49 6221 568135

Fax.: +49 6221 56-5303

marco.warth@med.uni-heidelberg.de

Highlights

Dynamic entrainment between live music and an internal body rhythm increases peripheral

blood flow

Stronger improvements in well-being were observed after entrained vs. fixed-tempo music

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