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Energy drinks, alcohol and cardiovascular functioning

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Letter related to "Mattioli A. V., Manenti A., Farinetti A. (2018) Alcohol mixed to energy drinks and arrhythmias. Drug and Alcohol Dependence.

To the Editor,

We thank the authors for their interest in our work, "Nature versus intensity of intoxication: Co-ingestion of alcohol and energy drinks and the effect on objective and subjective intoxication" (Forward et. al., 2017). In our article, we discussed the need for larger, controlled studies further exploring our findings that consumption of energy drinks mixed with alcohol (AmED) reduces objective and subjective intoxication relative to alcohol only. In their response to this manuscript, Mattioli et al. (2018) highlight multiple studies assessing potential negative cardiovascular impacts following AmED ingestion by young people. They note case studies describing atrial fibrillation following AmED ingestion but argue that the incidence of arrhythmia is rare relative to AmED consumption rates.

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