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Factors associated with Chinese nulliparous women's choices of mode of delivery: A longitudinal study

Chunyi Gu RNM,MPH, Zheng Zhang RNM, Xinli Zhu RNM, Yan Ding RN,PhD, Simone Setterberg MSc, Xiaojiao Wang RN, MScN, Hua Tao RN, MScN

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Highlights

- This study highlights that although the majority of Chinese nulliparous women value vaginal delivery during pregnancy periods, high caesarean section rate still becomes a great concern in current China.
- This study reveals that individual preferences, birth attitude, and childbirth selfefficacy are altogether associated with women's different choices of mode of delivery.
- This study recommend that policy-makers, administrators and healthcare providers should continuously focus on how to decrease unnecessary caesarean sections. It is pivotal for obstetrical settings to provide early assessment and consultation regarding women's preferences for mode of delivery, to develop high-quality antenatal education system, and to establish a supportive social environment for shared decision-making.

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