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## Understanding element composition of medicinal plants used in herbalism – a case study by analytical atomic spectrometry

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### Highlights

- Sources of elements in medicinal plants and herbs outlined
- Sample treatment for element analysis of herbal decoctions and infusions surveyed
- Spectrochemical element analysis of herbal decoctions and infusions reviewed
- Ways of calibration and quality assurance of results discussed

### Abstract

This review article is focused on element composition of medicinal plants and herbs as well as their decoctions and infusions determined by atomic spectrometry methods. Considering quality and safety of these herbal beverages, widely practiced in herbalism for medicinal and supplementing purposes, element analysis is important, and quality of its results should not raise any doubts about reliability. Hence, original researches devoted to element

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