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## CHANGES IN HORMONAL AND METABOLIC PARAMETERS IN TRANSGENDER SUBJECTS ON CROSS-SEX HORMONE THERAPY: A COHORT STUDY

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### Highlights

- Gender identity disorder is defined as a strong and persistent cross-gender identification that is associated with a remarkable uneasiness of living in an incongruent gender.
- During cross-sex hormone therapy, hormonal and metabolic changes occur both in male-to-female and female-to-male subjects.
- Metabolic changes during cross-sex hormone therapy appear, overall, to be modest, confirming its safety.

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