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Desmopressin improves intestinal functional capillary density and decreases leukocyte activation in experimental endotoxemia

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ABSTRACT

Background: Blood flow to the intestine is decreased in sepsis in favor of vital organs resulting in ischemic damage 18 of the gut mucosa. Once the mucosa is damaged, increased translocation of intestinal bacteria to the systemic 19 circulation may occur. This in turn aggravates the inflammatory response contributing to the development of 20 multi-organ failure. Desmopressin is a synthetic analog of vasopressin, an anti-diuretic hormone which has 21 been shown to induce vasodilation and is thought to be implicated in immunomodulation. In this study, we 22 investigate the effects of desmopressin on the intestinal microcirculation during sepsis in an experimental 23 endotoxemia model in rats using intravital microscopy. In addition, we investigate the effects of desmopressin 24 on systemic inflammation.

Methods: Forty Lewis rats were subdivided into four groups, where rats received intravenous saline (control), 26 desmopressin (1 µg/kg/ml), lipopolysaccharide (5 mg/kg) or lipopolysaccharide followed by desmopressin. 27 Inflammatory response was assessed by quantifying the number of temporary and firmly adherent leukocytes 28 in submucosal venules. Capillary perfusion was determined by assessing the number of functional, non-29 functional and dysfunctional capillaries in the intestinal wall layers (muscularis longitudinalis, muscularis 30 circularis and mucosa). Additionally, inflammatory cytokine levels were determined by multiplex assays. 31 *Results*: The number of firmly adhering leukocytes in V1 venules of rats receiving lipopolysaccharide and treated 32 with desmopressin was significantly reduced compared to lipopolysaccharide only group (LPS: $259 \pm 25.7 \text{ vs}$. 33 LPS + DDAVP: 203 ± 17.2 ; n/mm²; p < 0.05). Additionally, desmopressin treatment improved impaired intes-34 tinal microcirculation by improving functional capillary density following lipopolysaccharide administration in 35 all examined layers of the intestinal wall. We also observed a significant decrease in TNF- α levels in rats which re-36 ceived desmopressin in endotoxemia compared to untreated rats (LPS: 383 ± 64.2 ; LPS + DDAVP: 261.3 ± 22 ; 37 pg/ml; p < 0.05).

Conclusion: Desmopressin administration improved intestinal capillary perfusion and reduced inflammatory 39 response in rat endotoxemia. 40

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45 Introduction

Sepsis affects all aspects of the microcirculation including blood, endothelial, and smooth muscle cells (Ince, 2005). Microcirculatory dysfunction in sepsis has serious clinical implications. If left untreated it may result in multiorgan dysfunction (Deitch, 1992). Specifically during sepsis, blood flow to the intestine is decreased in favor of vital organs. The blood flow prioritization results in ischemic damage of the epithelial mucosa layer which serves as a barrier between the circulation and

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0026-2862/\$ – see front matter © 2013 Published by Elsevier Inc. http://dx.doi.org/10.1016/j.mvr.2013.09.001 the bacterial flora allowing the translocation of bacteria from the gut 53 to the systemic circulation. This phenomenon is known as the "second 54 hit", eventually causing multi-system organ failure. Improvement of 55 the intestinal microcirculation would increase oxygen delivery and de-56 crease risk of mortality due to the "second hit" phenomenon (Deitch, 57 1992). 58

Desmopressin (DDAVP, 1-deamino-8-D-arginine vasopressin) is a 59 synthetic analog of the nonapeptide antidiuretic pituitary hormone, 60 vasopressin (Favory et al., 2009; Trigg et al., 2012). While vasopressin 61 mediates its effects mainly via the vasopressin 1, 2 and 3 receptors 62 (V1R, V2R, V3R), desmopressin only acts on the V2R (Birnbaumer, 63 2000). The V2R is mainly expressed in the kidney collecting duct and 64 in endothelial cells. Activation of the V2R receptor by DDAVP in endo-65 thelial cells causes the release of von Willebrand factor (VWF) and 66

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tissue-type plasminogen activator (tPA) (Jochberger et al., 2009; Landry 67 68 and Oliver, 2001). In addition, DDAVP increases plasma levels of coagulation factor VIII and increases the adhesion of platelets to vascular walls 69 70 (Franchini, 2007). DDAVP is known to have strong vasodilator effects thought to be attributed to the cAMP-dependent activation of endothe-71 lial NO synthase (eNOS) (Kaufmann et al., 2003). cAMP signaling has 72 73 also been associated with immune suppression specifically attenuating 74LPS and TNF- α mediated immune response implicating DDAVP and 75other cAMP activating compounds in attenuating the inflammatory 76response (Chassin et al., 2007).

In this study, we investigate the effects of DDAVP on the intestinal 77 microcirculation in experimental endotoxemia in rats. Due to the 78 important role, which the intestinal microcirculation plays in sepsis 79 80 pathophysiology, it would be clinically advantageous to improve the microcirculation of the gut in patients with sepsis. Given that DDAVP 81 is a known antidiuretic substance with vasodilator, anti-inflammatory 82 and hemostatic effects, we believe that the administration of this 83 compound in sepsis may improve intestinal microcirculation and im-84 prove survival (Birnbaumer, 2000). To our knowledge, this is the first 85 study to determine the effects of DDAVP on the intestinal microcircula-86 tion in a model of sepsis. Here, we study the effects of DDAVP on leuko-87 cyte recruitment and functional capillary density in the intestinal 88 89 microvasculature by intravital microscopy. In addition, we investigate 90 the levels of inflammatory cytokines in response to DDAVP administration in experimental endotoxemia in rats. 91

92 Materials and methods

93 Animals

Forty male Lewis rats (body weight 280 \pm 70 g; Charles River 9495Laboratories, Sulzfeld, Germany) were housed in chip-bedded 96 cages and kept on a 12 h light/dark cycle with ad lib food (Rat chow, Altromin, Lage, Germany) and water. Housing conditions 97 were maintained at 22 °C with a 55-60% humidity environment. 98 All animal procedures were performed according to the guidelines 99 100 set by the German animal safety legislation and were approved by the institutional Animal Care Committee. Upon completion of exper-101 iments, rats were sacrificed by receiving an overdose of pentobarbi-102tal by intravenous administration and bilateral pneumothorax. 103

104 Anesthesia and surgical preparation

Anesthesia was induced by intraperitoneal administration of 105 pentobarbital (60 mg/kg, Pentobarbital Natrium, Fargon, Barsbüttel, 106 Germany). Anesthesia was maintained by intravenous pentobarbital 107 108 injections (5 mg/kg) when required. The animals were positioned in a supine position and the neck was shaved and disinfected. To se-109 cure the airways, rats received a tracheostomy and were allowed 110 to breathe room air. Polyethylene catheters (vein: inner diameter 111 0.28 mm, outer diameter 0.61 mm; artery: inner diameter 0.58 mm, 112 113 outer diameter 0.96 mm; Smiths Medical, Kent, UK) were inserted in 114 the left external jugular vein and common carotid artery for the administration of fluids, endotoxin and fluorescent dyes. The rats were placed 115on a hot plate (LHG hotplate HAS 01/AL, Harry Gestigkeit GmbH, 116Düsseldorf, Germany) to maintain a body temperature of 37 \pm 0.5 °C 117 118 and the temperature was monitored by using a rectal thermometer. Finally, the abdominal area was shaved and disinfected and a median 119 laparotomy was performed from the xiphoid process to the symphysis 12030 min prior to intravital microscopy. 121

122 Experimental protocol

Animals were randomly assigned to one of four groups (n = 10 per group): control (saline), DDAVP (desmopressin, 1 µg/kg/ml intravenously, [deamino-Cys1, D-Arg8]-Vasopressinacetat; Minirin®, Ferring Arzneimittel GmbH, Kiel, Germany), LPS (lipopolysaccharide, 5 mg/kg 126 intravenously from *Escherichia coli*, serotype O26:B6; Sigma, Steinheim, 127 Germany) and LPS + DDAVP (animals treated with DDAVP 1 µg/kg/ml 128 intravenously 15 min after LPS administration). Intravenous administration of compounds (saline, DDAVP, LPS or LPS + DDAVP) was initiated 15 min after the insertion of the vein and artery catheters to allow 131 the animals to recover. The laparotomy was performed 90 min post 132 compound administration and was followed by intravital fluorescence 133 microscopy procedure. 134

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Intravital microscopy

Intravital microscopy was performed using an epifluorescent micro-136 scope (Axiotech Vario, Carl Zeiss, Jena, Germany) with a light source 137 (HBO 50, Carl Zeiss, Jena, Germany), ocular (10×) and lens (20×/0.5 $_{138}$ Achroplan, Carl Zeiss, Jena, Germany). The microscope contained both 139 type #20 and #10 filters (Carl Zeiss, Jena, Germany) for the visualization 140 of rhodamine 6G and fluorescein isothiocyanate albumin, respectively. 141 These fluorescent dyes were used to visualize leukocytes and vessels, 142 2 h after starting experiments, on a segment of the terminal ileum 143 1 cm proximal from the ileocecal valve. To facilitate the microscopic 144 evaluation of approximately 1 cm² of the intestinal surface a 76×145 26 mm transparent glass cover slip (Menzel, Braunschweig, Germany) 146 was used. To avoid dehydration due to exposure to ambient air, areas 147 of the intestine not being used were covered with gauze and continu- 148 ously superfused with 37 °C isotonic saline. In addition, to avoid any 149 mechanical damage to areas of the gut which were not in direct contact 150 with the cover slip the "hanging drop" technique (Pavlovic et al., 2006) 151 was used and the tissue was warmed to 37 °C. To minimize phototoxic 152 effects due to light exposure, repeated observation by intravital fluores- 153 cence microscopy on the same area of the intestine was avoided. Video 154 images were captured by a black-and-white CCD video camera (BC-12, 155 AVT-Horn, Aalen, Germany) connected to a black-and-white monitor 156 (PM-159, Ikegami Electronics, Neuss, Germany) and recorded by a 157 Panasonic NV-SV120EG-S recorder (Matsushita Audio Video, Tokyo, 158 Japan). Videos were reviewed at a later date for data analysis. 159

Fifteen minutes before intravital fluorescence microscopy was initi- 160 ated rats received 200 µl of a 0.05% rhodamine 6G solution (Sigma) to 161 visualize all leukocyte subpopulations and 200 µl of a 5% fluorescein iso- 162 thiocyanate albumin dissolved in saline (sigma) to distinguish blood 163 cells from plasma. The animal was then placed on a specialized heated 164 microscope stage and the microscope was focused on the submucosa 165 of the prepared intestinal section. Fields containing non-branching 166 collecting venules of at least 300 µm in length and postcapillary venules 167 were recorded for 30 s per field. Additionally, video recordings 30 s 168 long were completed of random fields of the capillaries within each of 169 the longitudinal and circular muscle layers. To capture video recordings 170 of the mucosa a section of the intestinal lumen approximately 2 cm in 171 length (antimesenteric) was opened using a microcautery knife. The 172 intestine was then flushed with warm isotonic saline (37 °C), placed 173 on a supporting device and six videos 30 s in length of randomly chosen 174 mucosa sections were recorded. To ensure that cauterization did not 175 influence the results video capture of the mucosa was only conducted 176 on mucosa directly bordering the mesentery. All video analysis was 177 blinded and took place offline on a video monitor. 178

Analyzed parameters included the following: number of adherent 179 leukocytes (number of leukocytes during an observation period which 180 remained firmly attached to the intestinal endothelial for at least 181 30 s), number of rolling leukocytes (the number of leukocytes which 182 during an observation period of 30 s pass in a rolling motion through) 183 and functional capillary density. Functional capillary density is a 184 measure of the microcirculatory perfusion of the tissue. Functional 185 capillary density determination was completed as described previously 186 (Al-Banna et al., 2013). In brief, three layers of the intestinal wall were 187 examined; muscularis longitudinalis, muscularis circularis and the 188 mucosa. Capillaries were defined to be either functional, dysfunctional 189

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