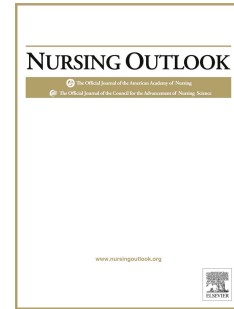


# Accepted Manuscript

Lifestyles and Related Health Consequences of U.S. Hospital Nurses': A Systematic Review

Susan M. Priano, PhD, RN, Oi Saeng Hong, PhD, RN, FAAN, Jyu-Lin Chen, PhD, RN, FAAN



PII: S0029-6554(17)30276-2

DOI: [10.1016/j.outlook.2017.08.013](https://doi.org/10.1016/j.outlook.2017.08.013)

Reference: YMNO 1309

To appear in: *Nursing Outlook*

Received Date: 17 June 2017

Revised Date: 21 August 2017

Accepted Date: 27 August 2017

Please cite this article as: Priano SM, Hong OS, Chen J-L, Lifestyles and Related Health Consequences of U.S. Hospital Nurses': A Systematic Review, *Nursing Outlook* (2017), doi: 10.1016/j.outlook.2017.08.013.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

**Title Page:**

Lifestyles and Related Health Consequences of U.S. Hospital Nurses': A Systematic Review

**Authors:**

Susan M. Priano, PhD, RN, Oi Saeng Hong, PhD, RN, FAAN<sup>a</sup>, Jyu-Lin Chen, PhD, RN, FAAN<sup>b</sup>

<sup>a</sup> Professor, Community Health Systems, University of California, San Francisco, CA

<sup>b</sup> Associate Professor, Family Health Care Nursing, University of California, San Francisco, CA

**Corresponding author:** Susan M. Priano, 1427 Glendale Avenue, Berkeley, CA, 94708.

E-mail address: [SMPriano@gmail.com](mailto:SMPriano@gmail.com)

**Disclosures:****Keywords:**

Hospital nurses;

Lifestyles;

Diet;

Physical activity;

Cardiovascular risks;

Health-related quality of life

**Highlights**

- U.S. Nurses' (60-74%) health is at risk due to physical inactivity
- U.S. Nurses' (53-61%) health is at risk for poor dietary habits
- Adequate physical activity equates to improved health-related quality of life
- A healthy diet reduces risk of CVD and CVD risk factors

Download English Version:

<https://daneshyari.com/en/article/8578312>

Download Persian Version:

<https://daneshyari.com/article/8578312>

[Daneshyari.com](https://daneshyari.com)