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**Keywords:** 

Sepsis; Survivors; Long-term; Quality of life; Risk factors

**ABSTRACT** 

Purpose: To evaluate the quality of life among survivors after sepsis in 2 years, comparing with critical

patients without sepsis and the general people, analyze the changes and the predictors of quality of life

among septic survivors.

Methods: This prospective case-control study screened the intensive care unit (ICU) patients in Tianjin

Third Central Hospital from January 2014 to October 2017, and the Chinese general population in the

previous studies was also included. According to inclusion criteria and exclusion criteria, 306 patients with

sepsis were enrolled as the observation group, and another 306 patients without sepsis in ICU during the

same period, whose ages, gender and Charlson Comorbidity Index matched with observation group, were

enrolled as the control group. At 3 mo, 12 mo, and 24 mo after discharge, the Mos 36-item Short Form

Health Survey (SF-36), the Euroqol-5 dimension (EQ-5D), and the activities of daily living (ADL) were

evaluated in face-to-face for the quality of life among survivors.

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