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Title: Safe aftercare following foot ankle surgery: Doing less

is more: The Jones dressing cast, part 2

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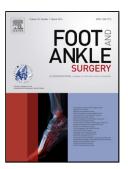
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ACCEPTED MANUSCRIPT

Title:

Safe aftercare following foot and ankle surgery: Doing less is more: The Jones dressing cast, part 2

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Highlights

- More data (88 patients) underlines the beneficial use of the jones dressing cast (JDC) for postoperative wound management.
- Patients with JDC postop achieved earlier mobility and shorter hospitalization time even when the surgery was more complex.
- The incidence of infection was lower in the group wearing the cast for 2 weeks.
- Patients with JDC for 2 weeks needed significantly less revision than patients with 1 week or no cast.
- A longer time period between operation and first wound check is preferable.

Summary

Background: There is no universal approach to surgery aftercare among foot and ankle surgeons. Although infections following foot and ankle surgery are rare, soft tissue healing can be jeopardized after extensive and multiple approaches.

Method: We defined a precise fixation technique of the foot and ankle in the immediate post-operative phase using what we call "the Jones dressing cast". This technique is a modification of the Jones dressing bandage.

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