

## Accepted Manuscript

Title: Motor learning in people with Parkinson's disease:  
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Authors: Serene S. Paul, Leland E. Dibble, Daniel S. Peterson



PII: S0966-6362(18)30037-7  
DOI: <https://doi.org/10.1016/j.gaitpost.2018.01.026>  
Reference: GAIPOS 5940

To appear in: *Gait & Posture*

Received date: 8-12-2017  
Revised date: 21-1-2018  
Accepted date: 23-1-2018

Please cite this article as: Paul Serene S, Dibble Leland E, Peterson Daniel S. Motor learning in people with Parkinson's disease: Implications for fall prevention across the disease spectrum. *Gait and Posture* <https://doi.org/10.1016/j.gaitpost.2018.01.026>

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## **Motor learning in people with Parkinson's disease: Implications for fall prevention across the disease spectrum**

Serene S Paul,<sup>1</sup> Leland E Dibble,<sup>2</sup> Daniel S Peterson<sup>3, 4</sup>

<sup>1</sup>Faculty of Health Sciences, University of Sydney. 75 East St, Lidcombe NSW 2141, Australia.

[serene.paul@sydney.edu.au](mailto:serene.paul@sydney.edu.au)

<sup>2</sup>Department of Physical Therapy and Athletic Training, University of Utah. 520 Wakara Way, Salt Lake City, UT 84108, USA. [lee.dibble@hsc.utah.edu](mailto:lee.dibble@hsc.utah.edu)

<sup>3</sup>School of Nutrition and Health Promotion, Arizona State University. 550 N 3<sup>rd</sup> St, Phoenix, AZ 85004, USA. [Daniel.Peterson1@asu.edu](mailto:Daniel.Peterson1@asu.edu)

<sup>4</sup>Phoenix Department of Veterans Affairs, 215 E Indian School Rd, Phoenix, AZ 85012, USA.

Corresponding author: Dr. Serene S Paul, 75 East St, Lidcombe NSW 2141

Australia, T + 61 2 9351 9093. F + 61 2 9351 9166, E [serene.paul@sydney.edu.au](mailto:serene.paul@sydney.edu.au)

Word count: 2996

Tables and figures: 2

### **Highlights (3-5)**

- People with PD are able to improve postural motor control through practice
- Axial impairment and freezing are associated with impaired postural motor learning
- High dose of exercise challenging postural stability successfully reduces falls in PD
- People with high PD severity may require fully supervised programs to reduce falls

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