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Early improvement as a predictor of final remission in major depressive disorder: New insights in electroconvulsive therapy.

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## Highlights

- The best definition of early improvement is a reduction of 30% in HAM-D<sub>21</sub> at week 2.
- This definition could help in the clinical decision making process during ECT course.
- Short duration and low severity of depression are also positive remission predictors.
- Lack of early improvement may be a clinical marker of change in treatment strategy.

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