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The role of eveningness in obsessive-compulsive symptoms:  
Cross-sectional and prospective approaches

Rebecca C. Cox , Breanna Tuck , Bunmi O. Olatunji

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**Highlights**

- No unique cross-sectional relation between eveningness and OC symptoms
- Eveningness predicts OC symptoms over 4 months controlling for depression
- Sleep disturbance partially mediates this relationship
- Eveningness is a more robust prospective predictor of OC symptoms than depression
- Circadian rhythms may play a role in OCD

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