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Authors: Monica R. Perracini, Morten Tange Kristensen,
Caitriona Cunningham, Cathie Sherrington

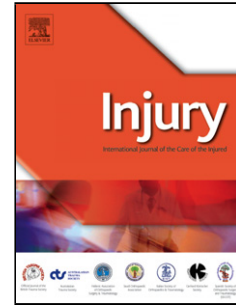
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Physiotherapy following fragility fractures

Monica R Perracini^a, Morten Tange Kristensen^b, Caitriona Cunningham^c, Cathie Sherrington^d

^a Master's and Doctoral Programs in Physical Therapy, Universidade Cidade de São Paulo, Brazil

^b Physical Medicine and Rehabilitation Research – Copenhagen (PMR-C), Department of Physical Therapy, and Department of Orthopedic Surgery, Amager-Hvidovre Hospital, University of Copenhagen, Denmark

^c Associate Dean of Teaching and Learning, School of Public Health, Physiotherapy and Sports Science, University College Dublin, Ireland

^d Head, Ageing and Physical Disability Program, Musculoskeletal Health Sydney, School of Public Health, The University of Sydney, Australia

Corresponding author:

Monica R Perracini, Master's and Doctoral Programs in Physical Therapy, Universidade Cidade de São Paulo, Brazil.

Rua Cesáreo Galeno, 448 – Tatuapé – São Paulo, Brazil, Zip Code: 03071-000

e-mail: monica.perracini@unicid.edu.br

Abstract

Physiotherapy can play a vital role in the pathway of care of people after fragility fracture and includes interventions of early mobilisation and prescription of structured exercise programmes for maximising functional recovery and reducing the risk of falls and future fractures. Although the optimal nature of physiotherapist interventions after hip and vertebral fracture requires further investigation in large-scale trials, evidence supports the prescription of high-intensity and extended exercise interventions. This article will overview interventions

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