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Efficacy of Brief Behavioral Treatment for Insomnia in Older Adults: Examination of Sleep, Mood, and Cognitive Outcomes

Christina S. McCrae, PhD, Ashley F. Curtis, PhD, Jacob M. Williams, PhD, Natalie D. Dautovich, PhD, Joseph P.H. McNamara, PhD, Ashley Stripling, PhD, Joseph M. Dzierzewski, PhD, Wai Sze Chan, PhD, Richard B. Berry, MD, Karin J.M. McCoy, PhD, Michael Marsiske, PhD



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Sleep, Mood, and Cognitive Outcomes**

Christina S. McCrae, PhD¹, Ashley F. Curtis, PhD¹, Jacob M. Williams, PhD², Natalie D. Dautovich, PhD³, Joseph P. H. McNamara, PhD⁴, Ashley Stripling, PhD⁵, Joseph M. Dzierzewski, PhD³, Wai Sze Chan, PhD⁶, Richard B. Berry, MD⁷, Karin J.M. McCoy, PhD⁸, and Michael Marsiske, PhD⁹

¹Department of Psychiatry, University of Missouri-Columbia, Columbia, MO

²TIRR Memorial Hermann, Houston, TX

³Psychology Department, Virginia Commonwealth University, Richmond, VA

⁴Department of Psychiatry, University of Florida, Gainesville, FL

⁵College of Psychology, Nova Southeastern University, Fort Lauderdale, Florida

⁶Department of Psychiatry, Geisel School of Medicine, Dartmouth College, Hanover, NH

⁷College of Medicine, University of Florida, Gainesville, FL

⁸Neuropsychology Service, South Texas Veterans Health Care System, San Antonio, TX

⁹Department of Clinical and Health Psychology, University of Florida, Gainesville, FL

Corresponding author: Christina S. McCrae, PhD; Professor; Department of Psychiatry, University of Missouri-Columbia, 1 Hospital Drive, Columbia, MO 65212; Ph +1 573-882-0982; Fax +1 573-884-1070; e-mail: mccraec@health.missouri.edu.

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