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White grape juice increases HDL cholesterol and reduces body mass index, abdominal and waist circumference in women

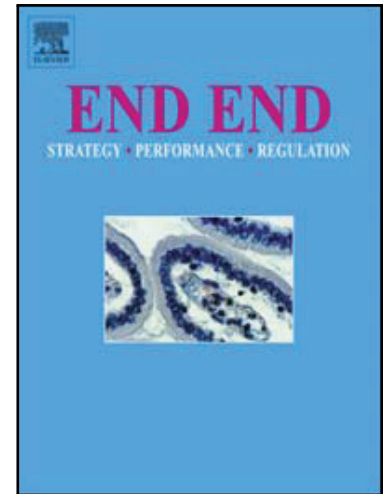
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Highlights

- White grape juice (WGJ) exhibits high phenolic content and in vitro antioxidant capacity
- " Ingestion of WGJ in women reduces body mass index, abdominal and waist circumference
- " WGJ is able to increase HDL cholesterol in women

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