

Accepted Manuscript

Metabolic Support Challenges with Obesity during Critical Illness

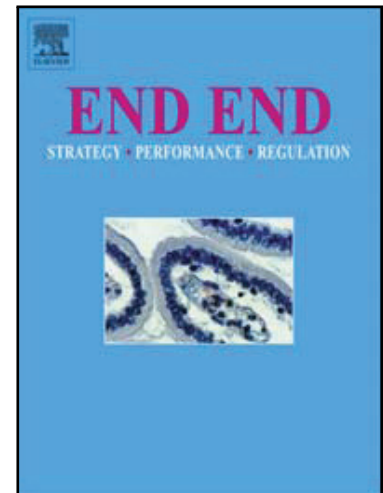
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PII: S0899-9007(18)30413-1
DOI: [10.1016/j.nut.2018.05.008](https://doi.org/10.1016/j.nut.2018.05.008)
Reference: NUT 10217

To appear in: *The End-to-end Journal*

Received date: 15 February 2018
Revised date: 14 May 2018
Accepted date: 21 May 2018

Please cite this article as: Roland N. Dickerson Pharm.D. , Metabolic Support Challenges with Obesity during Critical Illness, *The End-to-end Journal* (2018), doi: [10.1016/j.nut.2018.05.008](https://doi.org/10.1016/j.nut.2018.05.008)



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Highlights

- Critically ill patients with obesity are at risk for metabolic and overfeeding complications including hyperglycemia, hypercapnia, hypertriglyceridemia, fluid overload, and fatty liver disease.
- Defining energy requirements is often problematic.
- One recommended approach to management of critically ill obese patients is to provide a hypocaloric, high protein nutritional regimen.
- Rigorous monitoring is required to ensure the safety and efficacy of nutrition therapy of critically ill obese patients
- Nitrogen balance may be a practical method to assess adequacy of protein intake for these patients

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