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The Identification of Biomarkers Predicting Acute and Maintenance Lithium Treatment Response in Bipolar Disorder: A Plea for Further Research Attention

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Highlights

- Lithium represents the mainstream treatment for bipolar disorder (BD), yet prediction of either acute- or long-term response could not be exhaustively cast based on clinical variables.
- A number of putative biomarkers have been investigated on the matter.
- The present systematic review could highlight a handful of acute (n=16) and maintenance studies (n=12) studies eligible for inclusion owing to strict inclusion criteria.
- The present review solicits the need for further research on the matter and more permissive inclusion criteria.

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