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Sugar composition and sugar-related parameters of honeys from the northern Iberian Plateau

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- Honeydew and chestnut honeys are rich in isomaltose
- Chestnut honeys are poor in sucrose, trehalose and maltotriose
- Heather honeys are rich in monosaccharides and poor in maltose and erlose
- Lavender honeys are poor in isomaltose and raffinose
- Isomaltose tends to inhibit honey crystallization

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