Accepted Manuscript

Dance exposure, wellbeing and injury in collegiate Irish and contemporary dancers: A prospective study

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PII: S1466-853X(18)30348-1

DOI: 10.1016/j.ptsp.2018.09.006

Reference: YPTSP 949

To appear in: Physical Therapy in Sport

Received Date: 20 July 2018

Accepted Date: 12 September 2018

Please cite this article as: Roisin Cahalan, Philip Kearney, Orfhlaith Ni Bhriain, Emma Redding, Edel Quin, Lisa C. McLaughlin, Kieran O' Sullivan, Dance exposure, wellbeing and injury in collegiate Irish and contemporary dancers: A prospective study, *Physical Therapy in Sport* (2018), doi: 10.1016/j.ptsp.2018.09.006

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