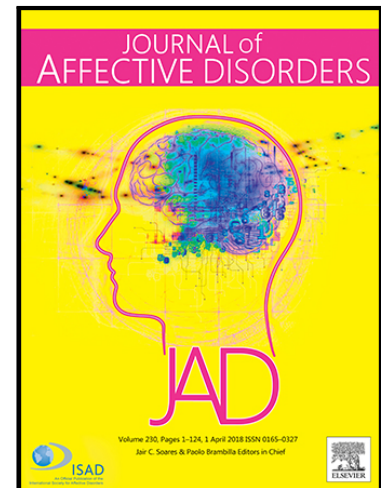


## Accepted Manuscript

Association between activities of daily living disability and depression symptoms of middle-aged and older Chinese adults and their spouses: A community based study

Minfu He , Juan Ma , Zheng Ren , Ge Zhou , Ping Gong ,  
Meitian Liu , Xiaodi Yang , Wenjing Xiong , Qi Wang ,  
Hongjian Liu , Xiumin Zhang

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## Highlights

- Prevalence of depression symptoms was 29.5% (95%CI 27.9-31.1%), 58.0% (95%CI 54.5-61.4%) and 73.6% (95%CI 70.4-76.8%) in subjects with BADL scores of 0, 1 and  $\geq 2$ , respectively.
- Prevalence of depression symptoms was 27.0% (95%CI 25.3-28.7%), 34.2% (95%CI 30.0-38.4%) and 43.8% (95%CI 39.1-48.5%) in non-disabled subjects with spouse BADL scores of 0, 1 and  $\geq 2$ , respectively.
- ADL disabilities were associated with increased risk of both personal and spouse depression symptoms in middle-aged and older Chinese adults.
- There might be a threshold in the severity of disability to trigger the development of depression symptoms.

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