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The cost-utility of stepped-care algorithms according to depression guideline recommendations – results of a state-transition model analysis

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**Highlights**

- Evidence-based clinical guidelines for depression recommend stepped-care strategies
- Health and economic gains can be simulated for mild versus moderate and severe MDD
- Guideline-congruent stepped care showed to be cost-effective compared to usual care
- Our study results support recommending guideline-based stepped-care algorithms

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