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Psychosocial factors associated with symptoms of depression, anxiety and stress among single mothers with young children: A population-based study

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## Highlights

- Single mothers of young children are twice as likely to report depressive and anxiety symptoms than partnered mothers
- History of maltreatment and inadequate social support significantly increase the likelihood of general and parenting stress
- Migrant background, young maternal age and a toddler-aged child contribute to depressive, anxiety and general stress symptoms
- Parenting stress is elevated among single mothers with young pre-school children
- Psychosocial risk factors for stress correspond to those for depression and anxiety

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