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## Proportioning of self-compacting steel-fiber reinforced concrete mixes based on target plastic viscosity and compressive strength: Mix-design procedure & experimental validation



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#### HIGHLIGHTS highlights are the second control of the secon

• Novel proportioning method for SCSFRC based on target plastic viscosity &  $f_{\text{cut}}$ .

Valid for fiber contents up to 1% and for cube strengths from 30 to 80 MPa.

Practical mix-design charts to determine the dosage of the components are produced.

Validation through six mixes of 30 and 70 MPa with 0.0, 0.3 and 0.6% of fibers.

#### ARTICLE INFO

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### **ABSTRACT**

This paper presents a novel proportioning methodology for self-compacting steel-fiber reinforced concrete (SCSFRC), based on a previous methodology for plain self-compacting concrete [Journal of Sustainable Cement-Based Materials 5:4 (2016) 199–216 & 217–232]. The procedure is based on the target plastic viscosity and the compressive strength required for the mix and it accounts for fiber parameters such as volume fraction and aspect ratio. The procedure is valid for fiber contents up to 1% and for compressive cube strengths within the range of 30–80 MPa. The effective plastic viscosity of the SCSFRC is estimated from the plastic viscosity of the cement paste by means of micro-mechanical models that consider fibers as a phase of the mix. The procedure can be programmed numerically to generate practical mix-design charts to determine the dosage of the components. The paper provides an example of an application that uses these design charts. Likewise, the methodology is validated through the design of six mixes, which are actually prepared in the laboratory and whose properties are measured in fresh and hardened states.

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#### 1. Introduction

Since the appearance of self-compacting concrete, SCC, at the end of the 1980s, many mix-design methods have been developed [\[1\]](#page--1-0) based on different principles: empirical methods, methods based on compressive strength, on the packing of aggregates, on statistical factorial models and on paste rheology. Empirical methods require intensive laboratory testing according to recommendations, such as the EFNARC guidelines [\[2\]](#page--1-0), until the required behavior is achieved. Methods based on the required compressive strength reduce the number of tests, although their main disadvantage is the need for adjustments in the fresh state to reach the

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<https://doi.org/10.1016/j.conbuildmat.2018.09.006> 0950-0618/© 2018 Elsevier Ltd. All rights reserved. optimum mix proportions of their components. The aggregate packing method requires a smaller amount of cement, but leads to mixes that segregate easily [\[1\]](#page--1-0). Methods based on statistical factorial models propose predictive equations for fresh properties as a function of the dosage. However, they are not wellrepresented due to the high number of batches that they require [ $1,3$ ]. Therefore, the methods based on paste rheology are the most efficient since they reduce the number of tests and provide a basis for quality control and an extensive development of new materials and chemical admixtures [\[1\].](#page--1-0)

Unlike SCC, for self-compacting steel-fiber reinforced concrete, SCSFRC, there are no design guidelines or recommendations, and the design methodologies are scarce  $[4-7]$ . Most of them are related to empirical methods based on SCC where part of the granular skeleton is replaced by fibers. Others are based on SCC design Notation



methods, that is on packing models where the inclusion of fibers is performed through the definition of new concepts related thereto, such as 'perturbation volume' [\[8\],](#page--1-0) 'equivalent packing diameter' [\[5,9\]](#page--1-0), or 'maximum fiber factor' [\[10\].](#page--1-0)

The fresh behavior of cementitious suspensions, as in the case of SCSFRC, is greatly influenced by the composition and characteristics of their constituents. Therefore, it is essential to study and understand the rheology of this type of concrete  $[11-16]$ . The SCSFRC mix-design methods based on cement paste rheology models assume that concrete is a heterogeneous suspension of solids (granular skeleton of aggregates and fibers) in a homogeneous and viscous fluid phase (cement paste)  $[1,6]$ . By means of non-Newtonian rheological models, such as the Bingham and Herschell-Bulkley models, the flow of these suspensions can be accurately predicted [\[11,17\].](#page--1-0) These rheological models consist of two main parameters, namely the yield stress ( $\tau_0$ ) and plastic viscosity  $(\eta)$ . The composition of the cement paste of an SCSFRC should be selected based on these parameters, since they determine the fluidity and the segregation-resistance of the resulting concretes  $[1,6,18]$ . The design of the mix, including that of the aggregates and fibers, is fundamental in order to obtain a high-quality SCSFRC [\[19\]](#page--1-0).

The deformability, flowability and segregation resistance of SCSFRC depend on the physical properties of the coarse aggregate and fiber, in addition to the rheological characteristics of the mortar [\[17\]](#page--1-0). The thickness of the mortar layer is a suitable concept in order to evaluate the workability and segregation resistance. According to the theory of excess layer thickness, there must be a sufficient volume of mortar to fill in the gaps between coarse aggregate and fibers and, in addition, to form a film thick enough to provide fluidity to the whole and avoid segregation. Khayat et al. [\[6\]](#page--1-0) propose a SCSFRC mixing design in which the volume of coarse aggregate is reduced as the fiber content increases, in order to maintain the thickness of the mortar layer constant. It covers both materials. This design concept allows calculating the proportion of aggregates for a given fiber type and content. Grünewald  $[10]$  adjusts the composition of the SCC mixture by adding steel fibers. He replaces the amount of fiber with the same volume of coarse aggregate, then by the same volume of coarse aggregate and fine aggregate, thereby maintaining the ratio of fine aggregate to total aggregate constant.

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