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## **Incidence of obesity, overweight and hypertension in children and adolescents in Ahvaz southwest of IRAN: Five-years study**

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### **Abstract**

**Objective:** The purpose of this study was to investigate the incidence of obesity, overweight and Hypertension in children and adolescents aged 10-15 in Ahvaz.

**Methods:** This is a epidemiologic study performed on 176 people aged 10-15 in Ahvaz. In 2009, 300 people underwent weight, height and blood pressure measurements. Five years later, the same people were reassessed for obesity, overweight and hypertension, of whom a total of 176 people agreed to repeat the procedure.

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