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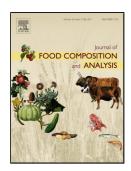
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Original research article

Dietary fibre in legumes, seeds, vegetables, fruits and mushrooms: comparing traditional and semi-automated filtration techniques

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Highlights

- Method AOAC 2011.25 gave higher dietary fibre (DF) results than previous methods
- Linseeds, chia seeds and hempseeds contained ca. 30% water-insoluble dietary fibre
- Oligosaccharide levels were over 4% in red onion and ca. 1–2% in seeds
- Manual and semi-automated filtering techniques yielded similar total DF results
- Similarity of the used methods should be shown instead of significant difference

Abstract

The method AOAC 2011.25 was used to analyze all the dietary fibre (DF) components included in the latest definition by the Codex Alimentarius Commission (2009). The traditional filtration technique, described in

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