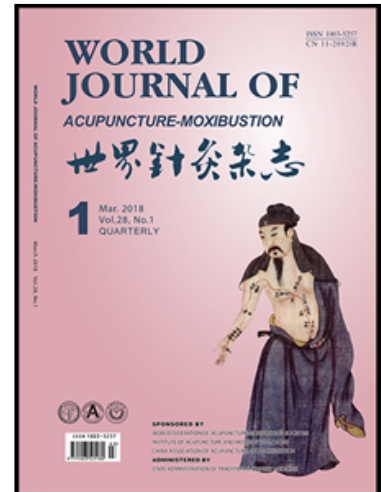


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YIN Yaqian , XU Huanfang , SHANG Jie , YANG Huisheng ,
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Case report

Successful spontaneous pregnancy with acupuncture after premature ovarian failure[☆]

YIN Yaqian (尹雅倩)¹, XU Huanfang (许焕芳)^{1,2}, SHANG Jie (尚洁)¹, YANG Huisheng (杨会生)¹, FANG Yigong (房繁恭)^{1,2}

1. Institute of Acupuncture and Moxibustion of China Academy of Chinese Medical Sciences, Beijing 100700, China (1. 中国中医科学院针灸研究所, 北京 100700, 中国)

2. Acupuncture and Moxibustion Hospital of China Academy of Chinese Medical Sciences, Beijing 100700, China (2. 中国中医科学院针灸医院北京 100700, 中国)

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Corresponding author: FANG Yi-gong. E-mail: fangyigong@163.com.

ABSTRACT

In this paper, a case of premature ovarian failure (POF), accompanied with amenorrhea for 2 years was reported. After 2 months of acupuncture, the patient's menstruation was resumed, and after 11 months of treatment, the patient had a spontaneous pregnancy. It is suggested that acupuncture should be used for the patient with POF as early as possible, and if necessary, hormone replacement therapy is still needed, and it is still expected to obtain spontaneous pregnancy before completely exhausted of ovarian function.

KEY WORDS

Premature ovarian failure; Secondary amenorrhea; Acupuncture; Pregnancy

Premature ovarian failure (POF) is defined^[1] as menopause before the age of 40. The duration of amenorrhea is more than 4–6 months, menopausal serum FSH levels (above 40 IU/L) is found on two occasions at least 1 month, accompanied by hypoestrogenism, and postmenopausal symptoms.

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