

Accepted Manuscript

Adolescent and adult differences in major depression symptom profiles

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PII: S0165-0327(18)30642-6
DOI: <https://doi.org/10.1016/j.jad.2018.09.015>
Reference: JAD 10097



To appear in: *Journal of Affective Disorders*

Received date: 27 March 2018
Revised date: 2 August 2018
Accepted date: 9 September 2018

Please cite this article as: F. Rice , L. Riglin , T. Lomax , E. Souter , R. Potter , D.J. Smith ,
A.K. Thapar , A. Thapar , Adolescent and adult differences in major depression symptom profiles,
Journal of Affective Disorders (2018), doi: <https://doi.org/10.1016/j.jad.2018.09.015>

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Highlights

- There are etiological and treatment differences between adult and adolescent depression
- We systematically compared adolescent and adult major depression symptom profiles
- Appetite/weight change, energy loss and insomnia were common in adolescents
- Loss of interest/anhedonia and concentration problems were more common in adults
- Results were similar for Major Depressive Disorder and depressive symptom count

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