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Sugar consumption and attention-deficit/hyperactivity disorder (ADHD): a birth cohort study

Bianca Del-Ponte , Luciana Anselmi , Maria Cecília F. Assunção ,  
Luciana Tovo-Rodrigues , Tiago N Munhoz , Alicia Matijasevich ,  
Luis Augusto Rohde , Iná S. Santos

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## Highlights

- The sucrose consumption was associated with the prevalence of ADHD only among boys at 6 years of age.
- That persistence of high consumption or an increase in sugar consumption between 6 and 11 years of age was not associated with higher incidence of ADHD between 6 and 11 years of age.
- The higher sugar consumption by children with ADHD is possibly a consequence rather than a determinant of the disorder.

Address correspondence to: Del-Ponte B., Postgraduate Program in Epidemiology, Federal University of Pelotas, Pelotas, Brazil. Rua Marechal Deodoro, 1160, 3º piso; Pelotas, RS, Brazil. E-mail address: [bianca.delponte@gmail.com](mailto:bianca.delponte@gmail.com)

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