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Current aspects of penal surgical liability in Greece

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ABSTRACT

The surgeon may face in every day practice issues that may render him liable. The legal liability usually emerges due to the negligence exhibited during the preoperative, the operative and the postoperative stage. The surgeon, as any doctor, isn't liable for the result, but he is responsible for the correct diagnosis and therapeutic treatment, always according to the principles of the Medical science and to the possibilities available to him in every specific case (facilities and time). The continuous education about the issues of his speciality, the adaptation of scientifically approved techniques, the correct monitoring of the patient, both preoperatively and postoperatively, and finally the good communication with the patient are necessary for the proper practice of Medicine; but also constitute the "shield" of the surgeon against any possible legal conflict.

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1. Introduction

Every doctor in Greece takes by tradition the Hippocratic Oath when graduating by the Medical School: "I swear by Apollo Physician, and by Asclepius, and by Hygeia, and by Panacea and by all gods and goddesses, making them witnesses, to fulfil, according to my ability and judgement". It is reasonable to understand that each doctor can only practice medicine to the full extent of his abilities and of his judgement. The Greek Ministry of Health & Welfare (MOHAW) proposed to every concerned institution and medical association, a plan for a revised Code of Conduct of the Medical Profession and of Medical Deontology. This code is Law 3418, as voted by the Hellenic parliament. In this code it is stated that: "the medical profession is bided by absolute respect for the human dignity and the human life; and it's addressed to all humans without discrimination of gender, religion, nationality, social status or political beliefs".¹

Greek doctors are bided by a number of provisions whose violation makes them liable to penal, civil and disciplinary

sanctions. Especially, surgeons are more vulnerable due to the intrusive treatment they follow and the high expectations patients have from them. Medico-legal aspects in surgery includes issues of informed consent, standard of care and malpractice during the preoperative, operative and postoperative stage, treatment of complications, treatment in case of emergency. In the following paragraphs, the current status and legislation in Greece are discussed, with special consideration on the matters concerning the penal liability of the Greek surgeon.

2. Definition of penal liability

According to the Greek Penal Code (PC), article 14: "crime is an unfair action which is attached to its perpetrator and is punishable by the law. In the articles of the penal laws, the term action includes even omissions". According to the article 15 of the PC the non-deterrence of a specific result is punishable, in the same way as the infliction of the same result by action, if the perpetrator has special legal duty to deter it.

By the means of the penal liability the public disgrace is expressed towards the actions of an individual. The penal liability in Greece is divided into two subcategories, the penal liability by intent and the penal liability by negligence. Especially in the case of physicians, the interest is focused on the penal liability by negligence.

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3. Definition of negligence

According to the article 28 of the Greek PC "whoever due to lack of attention that he should and could have paid according to the circumstances, didn't foresee the punishable result which his action caused or had foreseen it as possible but didn't believe it would actually happen, is acting in the content of negligence".

The punishable result may be bodily harm or manslaughter. Bodily harm by negligence (involuntary), may bear imprisonment up to three years. In case of a completely mild bodily harm the punishment may be prison term or fine (article 314 of the PC). Manslaughter by negligence is punishable with a prison term of three months up to several years (article 302 of the PC). In order to be clear on the definition of manslaughter, generally it is considered to be the term for the killing of a human being, in a manner less culpable than murder. For medical professionals, it is considered by Greek legislators that whenever they commit a manslaughter, this is done not by intent, thus characterizing it as an involuntary manslaughter, which actually explains shorter imprisonment than in cases of murder.

In the relevant Greek Jurisprudence it is stated that: "to found the crime of manslaughter by negligence, it's required to ascertain that the perpetrator didn't pay the attention required according to common sense, the same attention any wise man should pay in those particular circumstances; according to the principles, the habits, the common sense and the experience, and that himself, according to his personal skills, knowledge and abilities, could foresee and avoid the punishable result, which must be causally related to the action or the omission of the perpetrator".

The above mentioned apply for every citizen or professional owning a duty to another person. More specifically, for the doctors, it is stated that: "no negligence can be valid, even if the patient died, in case that in diagnostic level there has been given the proper attention, and if a valid scientific view has been adopted".^{2–7}

Subsequently medical negligence legally, is the condition which bears the following characteristics:

- 1. duty of care
- 2. breach of the duty (failing to exercise a reasonable standard of care)
- 3. resulting damage to the patient
- 4. causal connection between the breach and the harmful consequence⁸

4. Judge's perspective

A doctor is usually sued for bodily harm (or manslaughter) by negligence after a complaint by the damaged (or his relatives in case of death). The prosecutor never closes the case without trial, mainly due to the serious nature of the accusations involved.

The main difficulties of such cases lie within the proof of the accusations, but also within the proper correlation of them to the legislation in such way as to guide the judge to decide whether this is a case of malpractice or not.

It cannot be overstated enough that both in penal and civil cases, the burden of the proof lies with the plaintiff. There is rarely any dispute over whether the surgeon owed the patient a duty of care. The major problem is proof of breach of that duty. In case the plaintiff cannot prove the accusation mentioned in his lawsuit, then the case is dismissed and the presumption of innocence of the doctor is applied.

The negligence (in medical cases malpractice) in penal cases is divided into conscious (when the perpetrator has foreseen the punishable result but hoped to avoid it, nevertheless it occurred due to lack of attention that he was obliged to pay) and unconscious (when the perpetrator didn't foresee the result due to negligent behaviour-if he had paid attention he would have foreseen it).

A surgeon is considered to have been negligent if he acted in an unreasonable and inappropriate manner. The reasonable standard of care is determined under the particular circumstances of the case. However, because the judge has not the medical knowledge necessary to determine what conduct or omission would be considered as reasonable, he usually calls a doctor as an expert witness (most of the times, a forensic doctor).

5. Reasonable standard of care

A surgical action is by itself a physical damage, which however is acceptable because of the need to assure the health of the patient. There is a positive balance between the expected benefit and the damage, caused by the surgeon.

No doctor is expected to be perfect or infallible. The standard of competence which the patient is entitled to expect is that of an ordinary competent practitioner in the grade or speciality to which the doctor belongs. A surgeon is considered to have exhibited the expected skill if he kept the generally known and accepted rules of the medical science, he performed operation that he was familiar with and didn't overestimated his capabilities, he provided full and comprehensive information to his patient about the suggested operation and its possible complications and finally, if he postoperatively offered his services. The surgeon is liable for the misjudgement, negligence or ignorance of matters (that he should know) and if the above lead him to a mistake in the diagnosis, in the treatment or even in the operation. In other words the surgeon is liable if he didn't act lege artis. In other words, there is no negligence, even if the patient died, when in both diagnostic and therapeutic level, the necessary thoroughness has been exhibited.^{2–7}

6. Informed consent

According to the World Health Organization (WHO)⁹: "Patients have the right to be fully informed about their health status, including the medical facts about their condition; about the proposed medical procedures, together with the potential risks and benefits of each procedure; about alternatives to the proposed procedures, including the effect of non-treatment; and about the diagnosis, prognosis and progress of treatment". The informed consent of the patients is a prerequisite for any medical intervention.

The necessity of medical confidentiality and of the informed consent is again stated in the Law 3418, concerning the Greek Code of Conduct of the Medical Profession and of Medical Deontology Code (articles 12–13).

In case the patient wishes to exclude himself from this information, he has the right to do so and furthermore to suggest another third person to take his place.¹

Until now, it was a common practice for the Greek doctors and families of the patient to conceal the truth, especially in case of serious and incurable diseases. It seems that the particular mentality and cultural background of the Greek people lead the Ministry of Health and Welfare to suggest a special provision in the Code, in which it is stated that the Greek doctor may decide, in a very few exceptional situations, to inform a close relative, instead of the patient, if he believes that the information given may deteriorate his health status.¹

Normally, the usual form of consent is the verbal one. However, nowadays there is an increasing tendency for lawsuits against many surgeons which forced many physicians in Greece to adopt the written form of consent.

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